

## Answers to Your Most Pressing Questions About Impairment Ratings: What Every Attorney and Claims Professional Must Know

This presentation will provide comprehensive insights into impairment ratings, a critical component in personal injury claims and workers' compensation cases. Attendees will gain a deep understanding of the legal and medical principles governing impairment assessments, enabling them to make more informed decisions and effectively advocate for their clients.

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Part Two: July 9, 2025



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Senior Contributing Editor for the AMA Guides, Sixth Edition and the AMA Guides Casebook. He has served as the Past Editor-in-Chief of the Guides Newsletter and is the author of several publications, including 'Excellent IME Report', 'Comprehensive IME Systems', and 'Living Able!'. With over three decades of experience with the AMA Guides, Dr. Brigham is a Board-certified Occupational Medicine specialist and a Fellow of the American College of Occupational and Environmental Medicine, as well as the International Academy of Independent Medical Evaluators. Chris has been involved in innovative approaches to improve our ability to evaluate and manage medical issues by using technology, including the use of artificial intelligence.



Let's communicate. Share in chat and use Q/A (questions answered at end) .

What do you want to achieve from this webinar?

Please type (quickly) in Chat.

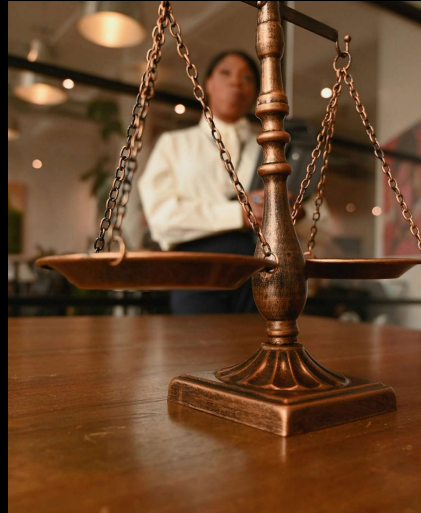


Why are we here, where are we going, and what are we going to do?

## Why are we here?

### Ensuring Accurate and Equitable Impairment Ratings

Impairment ratings are a critical part of the workers' compensation process, with significant implications for injured workers, employers, and the overall system. However, errors in these ratings can lead to substantial human and financial costs, including unfair outcomes, increased litigation, and higher system-wide expenses.



## Plans for June 24 and July 29

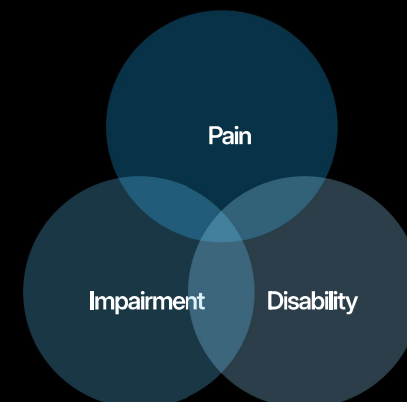
### Navigating Impairment Ratings: Strategies for Accuracy and Fairness

- **What is the foundation?**  
Understanding the legal and medical frameworks that underpin impairment ratings
- **How often are impairment ratings wrong?**  
Studies suggest that up to 30% of impairment ratings may be inaccurate
- **What are the root causes of erroneous ratings?**  
Lack of training, biases, incomplete medical data, and improper application of the AMA Guides
- **What are the red flags?**  
Inconsistencies in medical records, discrepancies between examinations, and failure to follow guidelines
- **What are some of the specific problems?**  
Misinterpretation of impairment criteria, overreliance on subjective factors, and failure to account for comorbidities
- **How do I best evaluate reports?**  
Carefully review the medical evidence, understand the applicable guidelines, and consult with medical experts
- **How do I obtain an accurate rating?**  
Ensure a comprehensive medical evaluation, advocate for proper application of the AMA Guides, and consider independent reviews
- **What are common referral entity errors?**  
Inadequate communication, misalignment of incentives, and lack of oversight in the referral process
- **What is new with the AMA Guides?**  
Ongoing updates, increased focus on functional assessment, and incorporation of technological advancements
- **What is the role of AI?**  
Leveraging AI to analyze medical data, identify patterns, and assist in more consistent and accurate impairment ratings
- **Can you provide examples of review process?**  
Case studies showcasing effective strategies for reviewing and validating impairment ratings
- **What resources are you providing?**  
Comprehensive guides, expert training, and interactive tools to support accurate impairment rating assessments

## What are our goals?

### Improving Impairment Rating Accuracy and Consistency

- **Understand impact of inaccurate impairment ratings**  
Discuss how inaccurate ratings can affect outcomes and costs for individuals and organizations
- **Recognize common errors and red flags**  
Identify common issues like incorrect measurements, outdated guidelines, and biased evaluations
- **Use a structured checklist to assess quality**  
Develop a comprehensive checklist to evaluate the validity and accuracy of impairment ratings
- **Take action when flaws are identified**  
Provide guidance on how to address inaccurate ratings through expert review, communication, or challenge
- **Ensure accurate ratings from the start**  
Discuss strategies for selecting the right evaluators and tools to achieve more accurate and consistent ratings
- **Apply key updates from AMA Guides**  
Highlight the latest changes and improvements in the AMA Guides and available digital resources
- **Evaluate the role of AI in improving ratings**  
Explore how artificial intelligence can be leveraged to enhance the accuracy and consistency of impairment ratings
- **Learn from a real-world case study**  
Discuss a case where correcting an inaccurate rating led to a positive outcome for the individual



# Understanding Pain, Impairment, and Disability

## Pain

An unpleasant sensory and emotional experience associated with actual or potential tissue damage, or described in terms of such damage.

## Impairment

A significant deviation, loss, or loss of use of any body structure or function in an individual with a health condition, disorder, or disease.

## Disability

An umbrella term for activity limitations and/or participation restrictions in an individual with a health condition, disorder, or disease.

## Pain vs Impairment

Pain is a subjective experience, while impairment is an objective measure of a significant deviation or loss of body structure or function.

## Impairment vs Disability

Impairment is a medical condition, while disability refers to the limitations and restrictions an individual experiences in their daily life as a result of that condition.

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# Impairment in Perspective

## Failure to Prevent Injury

Impairment reflects a failure to prevent an injury in the first place

## Failure to Assess Work-Relatedness

Impairment may reflect a failure to accurately assess if a condition is work-related

## Failure to Mitigate Impact

Impairment may reflect a failure to effectively mitigate the impact of an injury and restore function

## Accurate, Unbiased Assessment

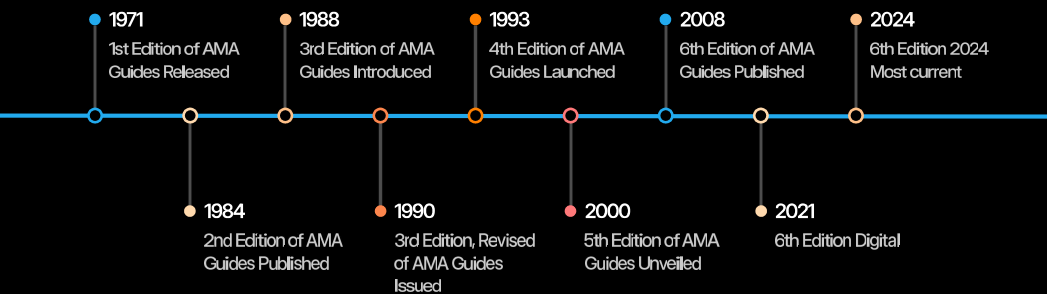
The goal should be an accurate and unbiased assessment of impairment through efficient means

## Impairment, Not Treatment

Impairment rating should be about the end result, not the treatment the claimant had

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# Evolution of AMA Guides



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The screenshot shows the homepage of the AMA Guides Digital website. At the top, there is a navigation bar with links for GUIDES EDITIONS, AMA GUIDES NEWSLETTER, EDITORIAL PANEL, and SUBSCRIBE. The main heading is "AMA Guides® Digital" with the tagline "The gold standard methodology for the assessment of permanent impairment for over 50 years." Below this, there are five buttons representing different editions: "Guides 6th 2022 (effective 1/1/2022)", "Guides 6th 2021 (effective 1/1/2021)", "Guides 6th 2008 (effective 1/1/2008)", "Guides 5th 2001 (now available)", and "AMA Guides Newsletter (covers all versions)". The "Featured Content" section includes a link to "Guides to the Evaluation of Permanent Impairment" and a "Resources & News" section with information about purchasing books and eBooks, and a link to the AMA Store Front on Amazon.



## How often are impairment ratings wrong?

Respond in chat your estimate of how often you find ratings to be incorrect.

## How often are impairment ratings wrong?



**Most are inaccurate—especially overestimated**

Impairment ratings often do not accurately reflect the true extent of a person's injury or disability, with a tendency to overestimate the level of impairment.



**Jurisdictional variation, but consistent trends**

Accuracy of impairment ratings can vary depending on the location or jurisdiction, but there are generally consistent trends of overestimation across different regions.

In summary, impairment ratings are frequently inaccurate, with a tendency to overestimate the level of disability, and this pattern is observed across different jurisdictions.

## Why are impairment rating errors so prevalent?



### Insufficient training of physicians

Many physicians lack specialized training in conducting impairment assessments, leading to inconsistent and inaccurate ratings.



### Physician bias

Subjective biases and personal opinions of physicians can influence impairment ratings, leading to disparities in assessments.



### Lack of standardization

Failure to follow best practices for evaluations and managing ratings,

Addressing the issues of insufficient training, physician bias, and lack of standardization is crucial to improve the accuracy and consistency of impairment ratings.

## What are the root causes of erroneous ratings?

### • Failure to understand AMA Guides

Lack of familiarity with the latest edition of the AMA Guides can lead to inaccurate impairment ratings.

### • Bias - Treating Physician

Treating physicians may have a tendency to overestimate or underestimate impairment due to personal biases or relationships with the patient.

### • Bias - Experts

Hired experts may have a conflict of interest or predetermined biases that influence their impairment ratings.

### • Clinical and MMI Errors

Inaccurate assessment of the patient's clinical condition or failure to determine Maximum Medical Improvement (MMI) can result in incorrect impairment ratings.

### • Causation Errors

Incorrect determination of the cause of the impairment, whether it's work-related or pre-existing, can lead to erroneous impairment ratings.

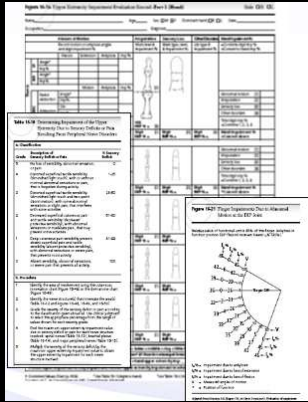
### • No Accountability

Lack of a robust system to review and validate impairment ratings can perpetuate the issue of erroneous ratings.



## Analogy – Impairment Ratings and Taxes

Complex process. Individuals can provide data which may or may not be accurate) - however, rating experts, using that data, and often software systems, are more likely to determine the correct result



What are common errors and what are the "red flags?"

## What are common mistakes in impairment ratings?



**Confusion between pain, impairment, disability, and restrictions**

Differentiating between these concepts is crucial for accurate impairment ratings.



**Faulty clinical reasoning and improper use of the AMA Guides**

Lack of understanding or misapplication of the AMA Guides can lead to inaccurate ratings.



**Fifth Edition: ROM misuse, incorrect spine method, muscle strength misapplication**

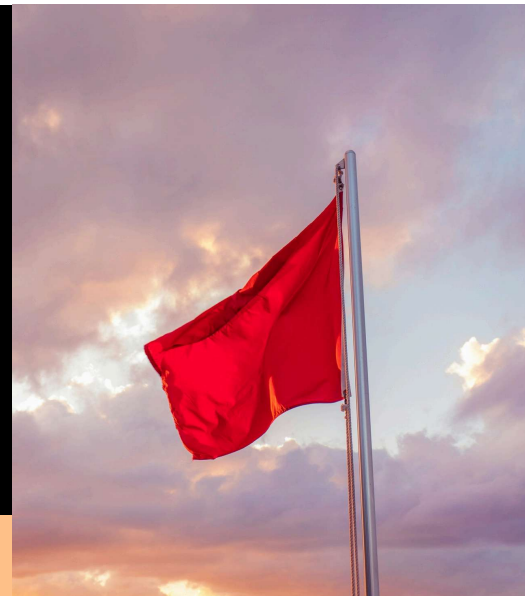
Specific pitfalls in the application of the Fifth Edition of the AMA Guides.



**Sixth Edition: Misdiagnosis, invalid use of multiple diagnoses**

Potential issues in the application of the Sixth Edition of the AMA Guides.

Avoiding these common mistakes is crucial for accurate and consistent impairment ratings.



How do I recognize a flawed rating?

## 21 Red Flags in Impairment Evaluation Reports

Key indicators of potentially flawed or biased impairment ratings, equipping claims professionals, attorneys, and independent reviewers to identify and address these issues.

# Red Flags

- Biased Treating or Known Biased Evaluator
- Outside Specialty Scope Evaluation
- Untrained or Uncredentialed Evaluator
- Disorganized or Unprofessional Report
- Missing Clinical or Rating Details
- No MMI or Premature Rating
- Incorrect AMA Guides Citation
- Implausible High or Low Rating
- Controversial or Questionable Diagnosis Basis
- Multiple Diagnoses Without Justification
- Missing Guides Table or Method
- Disallowed or Subjective Methods
- Used Software Used Without Clinical Insight
- Invalid or Unreliable Clinical Findings
- Contradictory Report Content
- Non-Standard or Prohibited Methods
- Diagnosis Doesn't Match Injury
- ROM Used Incorrectly
- Errors in Calculations
- Pain Rated Without Basis

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## Red Flags in Impairment Evaluation Reports (For Use by Claims Professionals, Attorneys, and Independent Reviewers)

- **1. Rating by Treating Physician or Known Biased Evaluator**
  - **Red Flag:** Report authored by treating physician or evaluator with known litigation bias (plaintiff or defense-oriented).
  - **Why It Matters:** Objectivity is foundational. Treating providers inherently possess therapeutic allegiance, compromising impartiality.
  - **Action:** Flag these reports for secondary review. Track evaluator patterns for systemic bias.
- **2. Evaluation Performed Outside Specialty Scope**
  - **Red Flag:** Evaluator lacks clinical training in the condition assessed (e.g., chiropractor rating internal organ damage).
  - **Why It Matters:** Ratings demand specialized knowledge in the pathology and functional consequences.
  - **Action:** Verify clinical appropriateness of specialty. Reject reports outside the evaluator's domain of competence.
- **3. Non-Credentialed or Inadequately Trained Evaluator**
  - **Red Flag:** No formal training or certification in AMA Guides, medicolegal evaluation, or impairment rating.
  - **Why It Matters:** Rating accuracy depends on technical understanding of Guides methodology.
  - **Action:** Prioritize reports from certified professionals (e.g., CIME, CMLE, CIR). Scrutinize ratings from uncertified sources.
- **4. Poorly Constructed or Unprofessional Report**
  - **Red Flag:** Disorganized, unformatted report lacking essential elements (history, exam, rationale).
  - **Why It Matters:** Sloppy presentation correlates with low evaluative quality.
  - **Action:** Apply high scrutiny or request re-evaluation. Use formatting as a surrogate marker for analytic rigor.

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- **5. Incomplete Clinical and Rating Documentation**
  - **Red Flag:** Missing history, examination findings, diagnostic correlation, or causation analysis.
  - **Why It Matters:** Incomplete documentation undermines validity and reproducibility.
  - **Action:** Reject or request supplemental detail before accepting impairment conclusion.
- **6. No MMI Statement or Premature Rating (<6 months)**
  - **Red Flag:** Report omits MMI status or assigns rating prematurely (e.g., <6 months for musculoskeletal injury).
  - **Why It Matters:** Ratings prior to MMI are invalid due to potential for clinical change.
  - **Action:** Confirm date and clinical basis of MMI. Delay rating if premature.
- **7. Incorrect AMA Guides Citation**
  - **Red Flag:** Reference to incorrect edition (or vague terms like "AMA Guidelines").
  - **Why It Matters:** Jurisdictions mandate edition-specific use. Mislabeling may reflect inexperience.
  - **Action:** Verify edition matches jurisdictional requirement and is properly cited (e.g., "AMA Guides, Sixth Edition, 2008").
- **8. Unusually High or Low Impairment Values**
  - **Red Flag:** Whole Person Impairment (WPI) >10% without strong objective basis or <10% in cases of significant trauma.
  - **Why It Matters:** Outlier ratings should be proportionate to clinical severity.
  - **Action:** Assess consistency with objective findings and injury complexity.
- **9. Diagnosis-Related Rating Problems**
  - **Red Flag:** Ratings based on conditions with high variability or diagnostic controversy (e.g., CRPS, disc herniation without radiculopathy).
  - **Why It Matters:** These conditions are prone to over-rating and subjectivity.
  - **Action:** Demand high-level documentation and clear diagnostic substantiation.

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- **10. Multiple Diagnoses Rated**
  - **Red Flag:** Rating multiple diagnoses, especially if acute injury with documentation that this involved a single region or reported as a cumulative trauma disorder.
  - **Why It Matters:** Injuries may result in multiple problems associated with permanent impairment; however, more commonly there is a single ratable diagnosis. If multiple problems are alleged to cumulative trauma, careful causation analysis is required.
  - **Action:** Scrutinize multiple diagnosis cases, especially regarding accuracy of the diagnoses and causation.
- **11. Missing Tables, Figures, or Method References**
  - **Red Flag:** No citation of Guides Table, Figure, or section used to derive impairment.
  - **Why It Matters:** Citations ensure transparency and reproducibility.
  - **Action:** Require full citation trail for all numerical impairment findings.
- **12. Use of Disallowed or Subjective Rating Methods**
  - **Red Flag:** Strength loss ratings (without clear neurologic deficit), unvalidated hand/nerve rating methods.
  - **Why It Matters:** AMA Guides restrict certain methods to minimize subjective inflation.
  - **Action:** Reject or challenge methods not explicitly allowed in the Edition used.
- **13. Software-Based Ratings Lacking Clinical Insight**
  - **Red Flag:** Rating based solely on software outputs, with no clinical reasoning.
  - **Why It Matters:** "Garbage in, garbage out" applies—input errors or software misuse lead to flawed outputs. Physicians may be overly reliant on software and lack knowledge on the use of the Guides/
  - **Action:** Require narrative rationale and clinician interpretation beyond software.
- **14. Invalid or Inconsistent Clinical Findings**
  - **Red Flag:** Findings not aligned with anatomy, physiology, or clinical exam principles (e.g., sensory loss in non-dermatomal patterns).
  - **Why It Matters:** Guides require valid and reliable objective findings.
  - **Action:** Challenge inconsistencies; request clarification or second opinion.
- **15. Internal Report Inconsistencies**

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- **Red Flag:** Contradictions between history, records, examination, imaging, and impairment conclusions.
- **Why It Matters:** Internal coherence is essential for credibility.
- **Action:** Flag for peer review. Reject reports with unresolved contradictions.
- **16. Use of Non-Standard or Jurisdictionally Prohibited Methods**
  - **Red Flag:** Pain ratings not permitted by AMA Guides or jurisdiction (e.g., Chapter 18 inappropriately applied; Almaraz-Guzman misuse in CA).
  - **Why It Matters:** Ratings must be based on standardized, accepted methods.
  - **Action:** Ensure compliance with both AMA Guides and local legal standards.
- **17. Diagnosis-Inconsistent Impairment Ratings**
  - **Red Flag:** Rating derived from a diagnosis that does not match the causally related injury.
  - **Why It Matters:** Impairment is often diagnosis-drive, especially with the Sixth Edition; misclassification yields invalid ratings.
  - **Action:** Match injury diagnosis with rating process.
- **18. Improper Use of Range of Motion (ROM)**
  - **Red Flag:** ROM used where not permitted (e.g., spine under Sixth Edition).
  - **Why It Matters:** ROM is highly variable and limited in use.
  - **Action:** Confirm edition-specific ROM applicability and documentation rigor.
- **19. Mathematical Errors**
  - **Red Flag:** Incorrect use of Combined Values Chart, averaging methods, or formula application.
  - **Why It Matters:** Calculation errors can materially alter ratings.
  - **Action:** Independently verify all calculations.
- **20. Pain Used as Standalone Impairment**
  - **Red Flag:** Pain rated independently of functional or structural impairment.
  - **Why It Matters:** AMA Guides discourage pain-only ratings.
  - **Action:** Disallow standalone pain ratings unless jurisdictionally permitted and clearly justified.

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- **21. Sixth Edition: Missing or Incorrect Grade Modifiers**
  - **Red Flag:** Omitted or misapplied Grade Modifiers (Functional History, Physical Exam, Clinical Studies).
  - **Why It Matters:** Modifiers refine the impairment within a class.
  - **Action:** Check documentation and scoring logic for all modifiers.
- **Recommendations for Claims Reviewers & Legal Counsel**
  - Implement a structured quality checklist using the above red flags.
  - Require evaluator credentialing disclosure as part of report submission.
  - Track evaluator accuracy, bias, and legal defensibility longitudinally.
  - Engage certified medical reviewers to audit questionable impairment ratings.
  - Refer to Brigham and Associates, Inc. for expert review if concerns.

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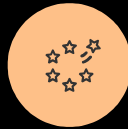
## Rating by Treating Physician or Known Biased Evaluator



**Treating physician reports**  
Treating physicians inherently possess therapeutic allegiance, compromising impartiality.



**Evaluator with known litigation bias**  
Evaluators with a history of plaintiff or defense-oriented bias may lack objectivity.



**Flag for secondary review**  
Reports from these sources should be flagged for additional scrutiny and review.



**Track evaluator patterns**  
Analyze evaluator data longitudinally to identify systemic bias.

By identifying and addressing reports from treating physicians or known biased evaluators, claims professionals, attorneys, and independent reviewers can improve the objectivity and reliability of impairment ratings.

## Evaluation Performed Outside Specialty Scope



**Evaluator lacks clinical training in the condition assessed**  
For example, a chiropractor rating internal organ damage.



**Verify the evaluator's clinical appropriateness**  
Ensure the evaluator's specialty and training match the condition being assessed.



**Ratings demand specialized knowledge in the pathology and functional consequences**  
Evaluators must have the necessary expertise to accurately assess the condition.



**Reject reports outside the evaluator's domain of competence**  
Do not accept impairment ratings from evaluators without the proper expertise.

Evaluators who lack the necessary clinical training and expertise in the condition being assessed may not be qualified to provide accurate impairment ratings. It is crucial to verify the evaluator's clinical appropriateness and reject reports that fall outside their domain of competence.

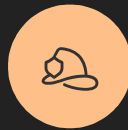
## Non-Credentialed or Inadequately Trained Evaluator



**No formal training or certification in AMA Guides, medicolegal evaluation, or impairment rating**  
Ratings accuracy depends on the evaluator's technical understanding of the AMA Guides methodology.



**Prioritize reports from certified professionals (e.g., CIR, CIME, CMLE)**  
Certified professionals have the necessary training and expertise to provide accurate and reliable impairment ratings.



**Scrutinize ratings from uncertified sources**  
Ratings from evaluators without proper certification may lack the required technical knowledge and should be reviewed with caution.

By prioritizing reports from certified professionals and scrutinizing ratings from uncertified sources, claims professionals, attorneys, and independent reviewers can ensure the accuracy and reliability of impairment evaluations.

## Poorly Constructed or Unprofessional Report



**Disorganized, unformatted report**  
Lack of structure and formatting may indicate low evaluative quality.



**Missing essential elements**  
Absence of key components like history, exam findings, rationale, etc.



**Use formatting as a surrogate marker**  
Sloppy presentation can be a proxy for lack of analytic rigor.



**Apply high scrutiny or request re-evaluation**  
Poorly constructed reports warrant closer examination or re-evaluation.

Disorganized, unformatted reports lacking essential elements may indicate low evaluative quality. Use formatting as a surrogate marker for analytic rigor and apply high scrutiny or request re-evaluation.

## Incomplete Clinical and Rating Documentation



### Missing history

Lack of detailed patient history undermines the validity of the impairment conclusion.



### Incomplete examination findings

Failure to document thorough physical examination results reduces the reproducibility of the assessment.



### Absence of diagnostic correlation

Missing links between diagnoses and impairment ratings calls into question the rationale for the conclusions.



### Lack of causation analysis

Absence of a clear explanation and science for how the injury or condition is causally related to the impairment undermines the credibility of the report.

Without comprehensive clinical documentation, the validity and reproducibility of the impairment conclusion are compromised. Reject or request supplemental detail before accepting the report's findings.

## No MMI Statement or Premature Rating (<6 months)



### Ratings prior to MMI are invalid

Ratings assigned before the claimant has reached maximum medical improvement (MMI) are invalid due to the potential for further clinical change.



### Confirm date and clinical basis of MMI

Claims reviewers should confirm the date and clinical rationale for when MMI was determined before accepting an impairment rating.



### Delay rating if premature

If the impairment rating is assigned prior to MMI, the rating should be delayed until the claimant has reached a stable clinical condition.

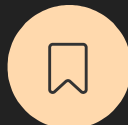
By ensuring that impairment ratings are only assigned after the claimant has reached MMI, claims professionals can avoid relying on invalid ratings and better understand the true extent of the claimant's impairment.

## Incorrect AMA Guides Citation



### Referencing the wrong edition of the AMA Guides

Using the incorrect edition of the AMA Guides may reflect inexperience or lack of attention to jurisdictional requirements.



### Using vague terms like "AMA Guidelines"

Ambiguous references to the AMA Guides can indicate a lack of familiarity with the proper citation format.

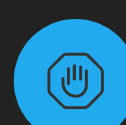


### Verify the edition cited matches jurisdictional requirements

Ensure the edition of the AMA Guides used in the report aligns with the specific edition mandated by the jurisdiction.

Incorrect or vague references to the AMA Guides may signify the evaluator's lack of experience or familiarity with the proper citation requirements. Verifying the edition used and ensuring it matches the jurisdictional standard is crucial for ensuring the credibility and defensibility of the impairment rating.

## Unusually High or Low Impairment Values



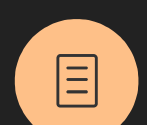
### Whole Person Impairment (WPI) >10% without strong objective basis

Ratings that are disproportionately high compared to the clinical severity should be scrutinized.



### WPI <10% in cases of significant trauma

Ratings that are disproportionately low compared to the injury complexity should also be closely examined.



### Assess consistency with objective findings and injury complexity

The impairment rating should be proportionate to the clinical evidence and the overall injury picture.

Unusually high or low impairment ratings should raise flags and prompt a closer review to ensure the rating is consistent with the objective clinical data and the overall severity of the injury.



## Diagnosis-Related Rating Problems



### Conditions with High Variability

Conditions like CRPS or disc herniation without radiculopathy are prone to over-rating and subjectivity due to their high variability.



### Diagnostic Controversy

Conditions with diagnostic controversy are also susceptible to over-rating and subjectivity in impairment evaluations.



### Demand High-Level Documentation

Require comprehensive, high-level documentation and clear diagnostic substantiation to support impairment ratings for these problematic conditions.

By being vigilant about diagnosis-related rating problems, claims professionals, attorneys, and independent reviewers can ensure that impairment evaluations for conditions with high variability or diagnostic controversy are supported by robust evidence and objectivity.

## Multiple Diagnoses Rated



### Red Flag: Multiple Diagnoses

Especially if acute injury with documentation that this involved a single region or reported as a cumulative trauma disorder.



### Why It Matters

Injuries may result in multiple problems associated with permanent impairment; however, more commonly there is a single ratable diagnosis. If multiple problems are alleged to cumulative trauma, careful causation analysis is required.



### Action: Scrutinize Multiple Diagnosis Cases

Especially regarding accuracy of the diagnoses and causation.

Careful review of multiple diagnoses is crucial to ensure accurate assessment and appropriate treatment for injured workers.

## Missing Tables, Figures, or Method References



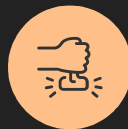
### No citation of Guides Table, Figure, or section used

Lack of citations for the Guides tables, figures, or sections used to derive the impairment compromises transparency and reproducibility.



### Lack of transparency in rating methodology

Without citing the specific Guides references, the process used to calculate the impairment rating is unclear.



### Inability to independently verify the rating

Without the citation trail, it is impossible for a reviewer to replicate the impairment calculation and assess its accuracy.

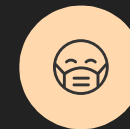
Require full citation trails for all numerical impairment findings to ensure transparency, reproducibility, and the ability to independently verify the rating methodology.

## Use of Disallowed or Subjective Rating Methods



### Strength loss ratings without clear neurologic deficit

The AMA Guides restrict the use of strength loss ratings unless there is a clear neurologic deficit, as this method is prone to subjectivity and inflation.



### Unvalidated hand/nerve rating methods

The AMA Guides also prohibit the use of unvalidated hand and nerve rating methods, as they lack the necessary scientific evidence and standardization.

Claims professionals, attorneys, and independent reviewers should reject or challenge the use of any rating methods that are restricted or disallowed by the AMA Guides, as they can lead to subjective and inflated impairment ratings.

## Software-Based Ratings Lacking Clinical Insight



### Ratings based solely on software outputs

Software outputs can be prone to errors and misuse if not accompanied by clinical reasoning



### Lack of clinician interpretation

Software-based ratings require narrative rationale and clinician interpretation beyond the software

To ensure reliability and validity of impairment ratings, require narrative rationale and clinician interpretation beyond software-based outputs. Evaluators must be knowledgeable about the use of the AMA Guides rather than dependent on software.

## Invalid or Inconsistent Clinical Findings



### Findings not aligned with anatomy

Findings that do not match the expected patterns based on anatomy and physiology should be challenged.



### Findings not aligned with physiology

Physiologically implausible findings should raise concerns and prompt further investigation.



### Findings not aligned with clinical exam principles

Findings that do not adhere to established clinical examination techniques and principles should be scrutinized.

By identifying clinical findings that are not aligned with established principles of anatomy, physiology, and clinical examination, claims professionals, attorneys, and independent reviewers can effectively challenge the validity and reliability of the impairment evaluation. Requesting clarification or a second opinion can help address these concerns and ensure the accuracy of the final impairment rating.

## Internal Report Inconsistencies



### Contradictions between history and records

Inconsistencies between the patient's reported history and the medical records undermine the report's credibility.



### Discrepancies in examination findings

Examination findings that do not align with the reported history or medical records raise concerns about the evaluator's objectivity.



### Conclusions not justified by clinical evidence

Impairment conclusions that are not clearly linked to and supported by the documented history, examination, and test results should be rejected.

Internal inconsistencies within the report undermine the credibility and validity of the impairment evaluation. These reports should be flagged for peer review, and those with unresolved contradictions should be rejected.

## Use of Non-Standard or Jurisdictionally Prohibited Methods



### Ratings must be based on standardized, accepted methods

Impairment ratings should comply with both the AMA Guides and local legal standards. In California, carefully evaluate Almaraz-Guzman approaches to determine if appropriate.



### Ensure pain ratings or other methods are jurisdictionally permitted

Certain pain rating methods or approaches may be prohibited in some jurisdictions

By ensuring that impairment ratings adhere to standardized, accepted methods and are compliant with jurisdictional requirements, claims professionals, attorneys, and independent reviewers can improve the reliability and defensibility of the conclusions.

## Diagnosis-Inconsistent Impairment Ratings



### Impairment is often diagnosis-driven

The impairment rating must be derived from the diagnosis that matches the causally related injury.



### Mismatched diagnosis and injury

A rating based on a diagnosis that does not align with the causally related injury is invalid.



### In the Sixth Edition, match impairment class and category

The impairment rating must be based on the appropriate impairment class and category for the injury diagnosis.

Ensure that the impairment rating is derived from the correct diagnosis that matches the causally related injury. This helps maintain the validity and accuracy of the impairment assessment.

## Improper Use of Range of Motion (ROM)



### ROM has limited use and may be unreliable.

Range of motion (ROM) has limited use and is subject to edition-specific applicability. Make sure measurements are consistent with other documentation.



### Confirm edition-specific applicability

Confirm the edition-specific ROM applicability and documentation rigor.



### Reporting forms

With complex hand cases, impairment rating worksheet should always be completed.

By being aware of the proper use and documentation of Range of Motion (ROM) in impairment evaluation reports, claims professionals, attorneys, and independent reviewers can ensure the accuracy and credibility of the impairment conclusions.

## Mathematical Errors



### Incorrect use of Combined Values Chart

Errors in applying the Combined Values Chart can materially alter the final impairment rating.



### Averaging methods errors

Mistakes in the averaging of multiple impairment values can lead to inaccurate final ratings. Maximum value is used.



### Formula application mistakes

Improper use of the formulas and calculations specified in the AMA Guides can result in invalid impairment ratings.

To ensure the accuracy of impairment ratings, it is essential to independently verify all calculations and mathematical applications made by the evaluator.

## Pain Used as Standalone Impairment



### AMA Guides generally discourage pain-only ratings

The AMA Guides generally do not recommend rating impairment based solely on pain, as this can lead to subjective and inflated assessments.



### Exception: Jurisdictionally permitted and clearly justified

However, there may be some exceptions where pain-only ratings are allowed, but these must be clearly justified and permitted by the jurisdiction.



### Disallow standalone pain ratings unless criteria met

Claims professionals, attorneys, and independent reviewers should disallow standalone pain ratings unless they meet the jurisdictional requirements and are clearly justified.

By carefully reviewing impairment evaluation reports for the use of pain-only ratings, claims professionals, attorneys, and independent reviewers can ensure that impairment assessments are based on objective, standardized methods and are in compliance with jurisdictional requirements.

What are  
some of the  
specific  
problems  
encountered?



## Evaluator Errors

- Incomplete and erroneous assessment (resulting from lack of knowledge and skills and incorrect and inefficient processes)
- GIGO (Garbage In – Garbage Out)
- Bias
- Not understanding issues from a biopsychosocial perspective
- Failure to distinguish subjective vs. objective
- Not using evidence-based medicine to assess the facts
- Faulty assessment of maximum medical improvement (MMI), causation, apportionment, and other critical issues
- Failure to adhere to standards and processes defined in the *AMA Guides*

## Spine Assessment Errors (Fifth Edition)

- Inadequate and unreliable clinical evaluation (including the range of motion)
- Use of wrong method (e.g., use of Range of Motion (ROM) when Diagnosis-Related Estimate (DRE) method is required.)
- With DRE, selection of the wrong Category (e.g., Class III when nonverifiable radicular complaints)
- With ROM, unreliable motion assessment

## Upper Extremity Assessment Errors (Fifth Edition)

- Inadequate and unreliable clinical evaluation (including motion and strength testing)
- Using unreliable data (e.g., inconsistent with other documentation)
- Ratings based on strength loss
- Misuse of other disorders
- Ratings of CRPS



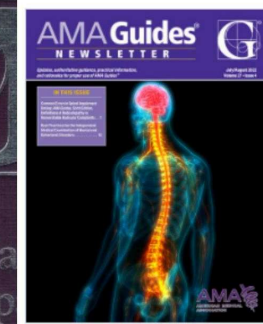
## Lower Extremity Assessment Errors (Fifth Edition)

- Inadequate and unreliable clinical evaluation
- Use of the wrong method or combining methods
- Using gait derangement to define impairment

## Spine Assessment Errors (Sixth Edition)

- Inadequate and unreliable clinical evaluation
- Incorrect diagnosis
- Not distinguishing radiculopathy vs. nonverifiable radicular complaints

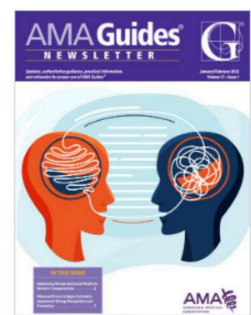
Volume 27, Issue 4  
July/August 2022



## Upper Extremity Assessment Errors (Sixth Edition)

- Inadequate and unreliable clinical evaluation
- Incorrect diagnosis
- Rating for more than one diagnosis
- Incorrect assessments of motion loss, nerve injuries, entrapment disorders, and CRPS.

Volume 27, Issue 1  
January/February 2022



## Lower Extremity Assessment Errors (Sixth Edition)

- Inadequate and unreliable clinical evaluation
- Incorrect diagnosis
- Rating for more than one diagnosis
- Incorrect assessments of gait, motion loss, nerve injuries, and CRPS.

Volume 27, Issue 2  
March/April 2022



## Red Flags

- Biased Treating or Known Biased Evaluator
- Outside Specialty Scope Evaluation
- Untrained or Uncredentialed Evaluator
- Disorganized or Unprofessional Report
- Missing Clinical or Rating Details
- No MMI or Premature Rating
- Incorrect AMA Guides Citation
- Implausible High or Low Rating
- Controversial or Questionable Diagnosis Basis
- Multiple Diagnoses Without Justification
- Missing Guides Table or Method
- Disallowed or Subjective Methods
- Used Software Used Without Clinical Insight
- Invalid or Unreliable Clinical Findings
- Contradictory Report Content
- Non-Standard or Prohibited Methods
- Diagnosis Doesn't Match Injury
- ROM Used Incorrectly
- Errors in Calculations
- Pain Rated Without Basis

## Summary of Red Flags in Impairment Evaluation Reports

By being aware of these red flags in impairment evaluation reports, claims professionals, attorneys, and independent reviewers can more effectively identify and address issues with the accuracy, objectivity, and credibility of the ratings. Implementing a structured quality checklist, tracking evaluator patterns, and engaging certified medical reviewers can help ensure the reliability and defensibility of the impairment conclusions.



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## How do I best evaluate reports?

Independent Medical Evaluation and Impairment Rating Report Checklist  
Contact: [support@medicall.com](mailto:support@medicall.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | 2025-06-25

### ✓ Independent Medical Evaluation and Impairment Rating Report Checklist

#### Section 1: Case Specifics

- Case/File Number listed
- Evaluator identified
- Specialty of evaluator included
- Qualifications of evaluator to perform evaluation (e.g., Certified Impairment Rater)
- Type of report (e.g., IME, AME, QME, PTP) clearly indicated
- Requesting party identified (defense, plaintiff, employer, insurer)
- Date of injury specified
- Date of report stated
- Interval from injury to report calculated (in months)
- Report length noted (pages or word count)

#### Section 2: Narrative Critique

##### 1. Structure and Presentation

- Logical organization and clear headings/subheadings
- Professional formatting, spelling, and grammar
- Tone is objective and professional
- Language is readable for non-medical stakeholders

##### 2. Comprehensiveness

- All key report components included (history, medical documents, exam, analysis references)
- Level of detail appropriate to case complexity

##### 3. Introduction

- Purpose of the report clearly stated
- Referring source and scope of evaluation defined
- Historian identified and corroborated with medical records

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Independent Medical Evaluation and Impairment Rating Report Checklist  
Contact: [support@medicall.com](mailto:support@medicall.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | [info@imr.com](mailto:info@imr.com) | 2025-06-25

#### 4. Medical History

- Full injury history, including onset, symptoms, mechanism, and context
- Chronological clinical timeline provided
- Pre-existing and comorbid conditions noted
- Complete medical background:
  - Past Medical History
  - Review of Systems
  - Family History
  - Personal, Social and Occupational History

#### 5. Medical Record Review

- Process: Human, Artificial Intelligence, or both
- Adequate volume and relevancy of reviewed records
- Key findings integrated into the narrative
- Inconsistencies, gaps, or missing records identified

#### 6. Physical Examination

- Exam appropriate to body part and diagnosis
- Objective measurements provided
- Distinction made between subjective and objective findings
- Assessment of non-physiologic findings (e.g., Waddell signs) included

#### 7. Conclusions and Medical Opinions

- Diagnoses:
  - ICD-10 codes provided
  - Justified and consistent with facts and evidence-based medicine
- Clinical/Case Analysis:
  - Logical reasoning supported by facts and evidence-based medicine
- Causation:
  - Consistent with AMA Guides to Evaluation of Disease and Injury Causation ([www.causation.com](http://www.causation.com)) and other evidence-based medical resources.
  - Transparent, reasoned opinion

2

Independent Medical Evaluation and Impairment Rating Report Checklist				
Contact:	<a href="mailto:support@cbriham.com">support@cbriham.com</a>	<a href="http://cbriham.com">cbriham.com</a>	<a href="http://ama-guides.com">ama-guides.com</a>	<a href="http://impairment.com">impairment.com</a>
<ul style="list-style-type: none"> <li>Maximum Medical Improvement (MMI): <ul style="list-style-type: none"> <li>Clearly defined and justified</li> </ul> </li> <li>Impairment Rating: <ul style="list-style-type: none"> <li>Correct AMA Guides edition used</li> <li>Accurate methodology with citations to tables/figures</li> <li>All steps documented</li> </ul> </li> <li>Work Ability/Restrictions: <ul style="list-style-type: none"> <li>Functional limitations consistent with findings</li> <li>Based on AMA Guides to Work Ability</li> </ul> </li> </ul>				
8. Disclosures and Attestations				
<ul style="list-style-type: none"> <li>Disclosure of professional relationships or conflicts of interest</li> <li>Attestation of objectivity and adherence to evaluation standards</li> </ul>				
Section 4: Bias and Tone Assessment				
<ul style="list-style-type: none"> <li>Language is neutral and professional</li> <li>No signs of implicit or explicit bias</li> <li>No disrespectful tone toward the claimant or legal parties</li> </ul>				
Section 5: Recommendations for Further Action				
<ul style="list-style-type: none"> <li>AI Report Critique (<a href="http://Cbriham.com/referral">Cbriham.com/referral</a>)</li> <li>Analysis by a board-certified impairment expert (<a href="http://Cbriham.com/referral">Cbriham.com/referral</a>)</li> <li>Suggested training or re-education noted (e.g., <a href="http://ama-guides.com">ama-guides.com</a>)</li> </ul>				

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## What the best way to evaluate a physician's impairment evaluation report?

### Use a Checklist

Develop a comprehensive checklist to guide your evaluation of the physician's impairment report, ensuring all key elements are thoroughly reviewed.

### Leverage AI Tools

Utilize AI-powered technology tools to analyze the report, identify inconsistencies, and flag potential issues for further investigation.

### Review Methodologies

Carefully examine the methodologies and assessment techniques used by the physician to ensure they align with industry standards and best practices.

### Assess Objectivity

Evaluate the physician's objectivity and impartiality in their assessment, looking for any potential biases or conflicts of interest.

### Validate Findings

Cross-reference the physician's findings with other medical records, expert opinions, and relevant guidelines to validate the conclusions.

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## IME/Impairment Rating Report Checklist

### Case/File Details

Include case/file number, evaluator's name and specialty, qualifications, report type, and requesting party

### Injury Details

Specify date of injury, date of report, and interval from injury to report

### Narrative Structure

Ensure logical organization, clear headings, professional formatting, objective tone, and readable language

### Comprehensive Evaluation

Cover all key report components like history, medical documents, examination, analysis, and references

### Medical History

Provide full injury history, chronological timeline, pre-existing conditions, and complete medical background

### Record Review

Integrate key findings from adequate and relevant medical records, identify inconsistencies or gaps

### Physical Examination

Conduct appropriate exam, provide objective measurements, distinguish subjective and objective findings, assess non-physiologic signs

### Conclusions & Opinions

Justify diagnoses, provide logical clinical analysis, transparent causation opinion, define MMI, calculate accurate impairment rating, and assess work ability

## Identify Case Specifics and Track

Case/File Number	Evaluator	Specialty	Qualifications	Report Type	Requesting Party	Date of Injury	Report Date	Interval (months)	Report Length
ABC123	Dr. Jane Doe	Orthopedic Surgeon	Certified Impairment Rater	IME	Defense	01/15/2021	03/01/2021	1.5	12 pages
XYZ456	Dr. John Smith	Physical Medicine and Rehabilitation	Certified Impairment Rater	QME	Plaintiff	07/01/2020	09/15/2020	2.5	20 pages
LMN789	Dr. Sarah Lee	Occupational Medicine	Certified Impairment Rater	AME	Employer	11/20/2019	01/10/2020	1.7	18 pages

\*The data for this table was generated specifically for this slide and does not derive from any other work.

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## Structure and Presentation



### Logical Organization

Clearly structured with headings and subheadings to guide the audience through the content



### Professional Formatting

Consistent formatting, spelling, and grammar conventions to maintain a polished, credible appearance



### Objective Tone

Avoids bias or personal opinions, focusing on facts and data to convey the information objectively



### Readable Language

Uses plain language and avoids medical jargon to ensure understanding by non-medical stakeholders

Well-structured, professionally formatted report more likely to reflect a thoughtful evaluation and communicates complex information in a clear, objective manner.

## Comprehensive Medical Report



### Complete History

Detailed account of patient's medical background, including past illnesses, hospitalizations, and surgical procedures



### Thorough Physical Examination

Detailed description of the patient's current physical condition, including vital signs, system-specific findings, and any abnormalities



### Comprehensive Medical Documents

Inclusion of all relevant medical records, lab results, imaging studies, and specialist reports



### Detailed Analysis and References

In-depth interpretation of the case, with citations to relevant medical literature and guidelines

The report covers all key components in a level of detail appropriate to the case complexity, ensuring a comprehensive understanding of the patient's condition.

## Report Introduction



### Introduction

Provides an overview of the report and its purpose



### Referring source and scope of evaluation

Defines the sources used and the extent of the evaluation



### Purpose of the report

Clearly states the objectives and goals of the report



### Historian identified and corroborated with medical records

Identifies the historian and verifies the information using medical records

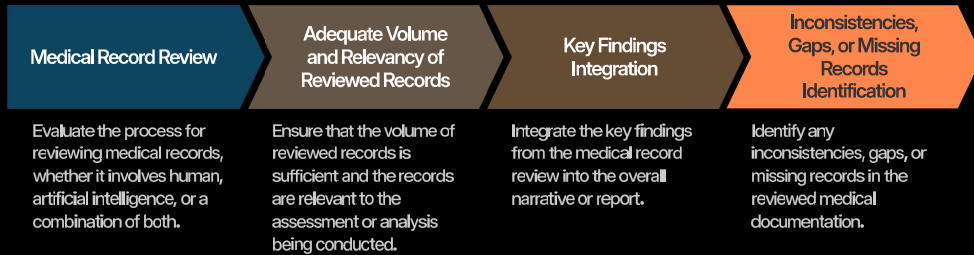
A comprehensive introduction to the report outlines its purpose, scope, and the sources used, ensuring the reader is well-informed about the key aspects of the evaluation.

## Medical History Summary





## Medical Record Review Process



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## Comprehensive Medical Evaluation

- **Diagnoses**  
Diagnoses that are justified and consistent with facts and evidence-based medicine
- **Clinical/Case Analysis**  
Logical reasoning supported by facts and evidence-based medicine
- **Causation**  
Consistent with AMA Guides to Evaluation of Disease and Injury Causation and other evidence-based medical resources. Transparent, reasoned opinion
- **Maximum Medical Improvement (MMI)**  
Clearly defined and justified
- **Impairment Rating**  
Correct AMA Guides edition used, accurate methodology with citations to tables/figures, all steps documented
- **Work Ability/Restrictions**  
Functional limitations consistent with findings, based on AMA Guides to Work Ability

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## Disclosures and Attestations



By transparently disclosing relevant relationships and affirming objectivity, we can build trust and confidence in the evaluation process.

## Bias and Tone Assessment



The language used in the document is objective, impartial, and devoid of any signs of bias or disrespect towards the claimant or legal parties.

## Recommendations for Further Action: Report Critique



### Strategize

Provide specific recommendations for next steps based on your initial review.



### ImpairmentCheck

Use tool to evaluate rating for common conditions.



### Report Critique

[cbrigham.com/referral](https://cbrigham.com/referral)

Obtain a comprehensive analysis of the report from a board-certified expert



### Analysis by a board-certified impairment expert

[cbrigham.com/referral](https://cbrigham.com/referral)

Engage a qualified professional to provide an in-depth analysis of the report's findings

By implementing these recommendations, you can ensure a thorough and informed approach to addressing the concerns raised in the report.

## Addressing Suspected Impairment Rating Errors



### Obtain expert review

Consult a qualified expert to clarify the issues and assist in developing strategies



### Communicate with evaluating physicians

Use a carefully designed script to communicate with the evaluating physicians



### Perform independent review or IME

Conduct an independent document review or an independent medical examination (IME) by a qualified physician, with appropriate referral letter and standards



### Challenge physician with cross-examination

Plan for cross-examination with the assistance of experts, framing questions to challenge the physician's findings

By taking these steps, you can effectively address a suspected impairment rating error and ensure a fair and accurate assessment of the case.



Let's answer  
more questions.

## How do I increase the likeliness of obtaining an accurate rating?



### Determine when and how to obtain a rating

Decide if the rating will be requested from the treating physician, through a document review by an experienced rating physician, or an independent medical evaluation



### Choose the right expert

Select a trained, qualified and experienced professional to conduct the rating assessment



### Provide clear guidance on issues to be addressed and records

Clearly communicate the specific information and documentation the expert should review to ensure an accurate rating based on best practices. If using an IME entity, ensure they are selecting the appropriate provider and offering needed direction.

By following these steps, you can ensure an accurate rating from the start and obtain the necessary information to support your case.

## What are common referral entity errors?

- **Selecting an Inappropriate Evaluator**  
Choosing an assessor who lacks the necessary expertise, experience, or qualifications to accurately evaluate the impairment and medicolegal issues.
- **Inadequate Knowledge, Skills, and Credentials**  
Relying on an evaluator who does not possess the required knowledge, skills, and credentials to assess impairment and other medicolegal concerns.
- **Incorrect Specialty**  
Selecting an evaluator whose specialty does not align with the specific medical issues being assessed.
- **Biased Evaluation**  
Allowing personal biases or conflicts of interest to influence the impartiality and objectivity of the evaluation.
- **Prioritizing Cost over Quality**  
Choosing a lower-cost evaluator at the expense of obtaining a comprehensive and high-quality assessment.
- **Inadequate IME Vendor Standards**  
Relying on an independent medical examination (IME) vendor with insufficient quality standards and processes.
- **Incomplete Medical Records**  
Failing to provide the evaluator with all the relevant medical records necessary for a thorough assessment.
- **Lack of Quality Standards and Specific Questions**  
Not establishing clear quality standards and specific questions to be addressed by the evaluator.

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## What's New with the AMA Guides?



### Updates AMA Guides 2024

Revised guidelines and assessment methods for the upcoming year



### www.amaguidesdigital.com

Online platform for accessing and utilizing the AMA Guides



### Available training through AMAGuides.com

Comprehensive training courses and resources on the AMA Guides



### Insights from upcoming talks (e.g., WCI Judiciary College)

Presentations and discussions on the latest developments in the AMA Guides

Stay informed and prepared for the upcoming changes and enhancements to the AMA Guides.

## What is the best way to master the AMA Guides?

- **Assess your specific needs**  
Determine your learning objectives, areas of focus, and desired outcomes for mastering the AMA Guides
- **Evaluate training options**  
Consider self-study, online courses, in-person workshops, or a combination to find the best fit for your learning style and schedule
- **Look for experienced trainers**  
Seek out trainers with extensive knowledge of the AMA Guides, practical experience, and a proven track record of effective instruction
- **Prioritize interactive learning**  
Choose training methods that encourage active participation, hands-on practice, and opportunities for discussion and feedback
- **Consider cost and convenience**  
Weigh the direct costs of training, as well as indirect costs like travel and time investment, to find the most cost-effective and convenient option
- **amaguides.com**

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## What is the role of AI in Impairment Evaluation?



### Improved Consistency

AI can standardize the evaluation process, reducing variability and ensuring more consistent assessments; however, it is not yet reliable in assessing impairment.



### Nuance and Context Limitations

AI may struggle to fully capture the nuances and contextual factors that are critical in impairment evaluations, requiring human judgment.



### Early Error Detection

AI-powered tools can analyze data and flag potential issues or errors early in the evaluation process, allowing for timely corrections.



### Human Judgment Importance

Ultimately, human expertise and decision-making remain essential in interpreting the complexity of impairment cases and making informed determinations.

AI can enhance certain aspects of impairment evaluations, but it has challenges in assessing impairment (more so than other areas), thus human expertise and judgment remain crucial in delivering comprehensive and accurate assessments.



Can you provide me with examples and demonstrate what you do?

## Examples of Impairment Rating Critiques



### Hand injury

Critique of hand injury impairment rating, with inadequate clinical assessment and inappropriate ratings



### Spinal injury rating

Critique of spinal injury impairment rating due to incorrect attribution of cumulative trauma

Careful assessment and accurate attribution of impairment is crucial for fair and appropriate compensation.



## Case Example: Severe Finger Injury and Surgical Treatment

Mr. Patient, a 63-year-old man, sustained a severe injury to his left middle finger on January 31, 2023, involving comminuted and displaced fractures of the proximal phalanx and distal metacarpal head, with associated tendon damage. He underwent two surgical procedures—initial open reduction and internal fixation, followed by tenolysis, capsulotomy, and hardware removal. Despite rehabilitation, he experienced persistent stiffness, pain, and ulnar deviation.



Primary Treating Physician's Permanent and Stationary Report (PR-4) -

**Addendum**  
DOI 1/31/2023  
Treatment: 12/20/2024

**Description of how injury/illness occurred:**  
left middle finger injury  
**Patient's Complaints:**  
62 yr old RHD male  
iron worker x 16 yrs

S/P left 3rd metacarpal head ORIF, prox phalx ORIF, & ext tendon repair (2/1/23)  
SIP left middle finger extensor tenosy, PIP capsulotomy, & prox phalx hardware removal (6/9/24)  
**12/20/24:**  
was using a grinder on 1/31/23, lost control of it and cut/injured left middle finger  
had surgery at UCLA, underwent ORIF of 3rd metacarpal head & 3rd proximal phalanx, and extensor tendon repair (2-1-23)  
then had post-op hand therapy  
eventually had 2nd surgery: L middle finger extensor tenosy, PIP capsulotomy, & hardware removal (6-19-24)  
then again post-op PT as well as Dynasplint  
declared Permanent & Stationary on 8-20-24  
now using biofreeze, warming pads, and handfiled massager  
c/o occasional left forearm sharp pain  
hand will also ache sometimes with use at work  
sometimes hand to left heavier items may need assistance  
have for PD rating  
CONTEXT / MECHANISM: Hurt by equipment.  
LOCATION: Left Finger and left Hand.  
DURATION: 2 years.  
SIGNS / SYMPTOMS: Pain and Stiffness.  
QUALITY: Comes and goes and Constant.  
**Physical Examination:**  
**left hand:**  
healed laceration/incision to dorsum of left hand by 3rd MP joint, ext longitudinally to dorsum of 1st PIP joint  
mild swelling around incision and middle finger

no erythema or signs of infection  
non tender  
ulnar deviation of middle finger at level of PIP joint, 15 degrees ulnar deviation  
no rotational deformity  
no crepitus  
no subluxation of EDC tendon at dorsal MP joint  
intact sensibility to middle finger and remainder of left hand  
no hyperesthesia  
no allodynia  
no triggering  
but stiffness visible to left hand  
ROM:

Joint	Thumb	Index	Middle	Ring	Small
MP joint	0/70	+10-60	0/70	0/65	+20/75
PIP joint	+20/35	0/95	-15-60	0/90	0/95
DIP joint		0/65	-20/35	0/60	0/70

Abduction 60 deg  
Adduction 2.5 cm  
Opposition 6cm  
Patient's (HPI) History of Present Illness, (PMHSH) Past Medical, Social & Family History, and (ROS) Review of Systems reviewed prior to exam.  
Chronic conditions that have or could exacerbate or complicate today's acute symptoms have been reviewed and addressed.  
Patient advised F/U with PCP for the treatment and management of other chronic conditions/symptoms.

**CONSTITUTIONAL:**  
Distress: Negative  
Lethargy: Negative  
Pale Palpebral Conjunctiva: Negative  
Discharge: Negative  
Psoas: Negative  
**NEUROLOGICAL**  
Disoriented: Negative  
Facial Palsy: Negative  
Weakness Unilateral: Negative  
**PSYCHOLOGICAL:**  
Anxious: Negative  
Tearful: Negative

Uncooperative: Negative  
**SKIN:**  
Erythema: Negative  
Pale: Negative  
Jaundice: Negative  
Rash: Negative  
**CARDIOVASCULAR:**  
Diaphoresis: Negative  
Tachycardia: Negative  
Bradycardia: Negative  
Central Cyanosis: Negative  
**RESPIRATORY:**  
Respiratory Distress: Negative  
Tachypnea: Negative  
Hypoxaemia: Negative  
Accessory Muscle Use: Negative  
**MUSCULOSKELETAL - FINGERS:**  
Site: left  
Deformity: Positive  
1st Digit/ Thumb: negative  
2nd Digit/ Index: negative  
3rd Digit/ Middle: Swelling and Wound  
4th Digit/ Ring: negative  
5th Digit/ Pinky: negative  
PIP: Swelling  
MCP: negative  
DIP: negative  
Sign of Infection: Negative  
Paronychia: Negative  
Decreased ROM: Positive  
Sensory Deficit: Negative  
RANGE OF MOTION: Digit  
Site: left Middle (Ind)  
MCP Flexion: 70 degrees (NL-90 degrees)

MCP Extension: 0 degrees (NL-5 degrees)  
DOI 1/31/2023  
Treatment: 12/20/2024  
PIP Flexion: 60 degrees (NL-110 degrees)  
PIP Extension: -15 degrees (NL-3 degrees)  
DIP Flexion: 35 degrees (NL-60 degrees)  
DIP Extension: -20 degrees (NL-5 degrees)  
RANGE OF MOTION: Thumb  
Site: left  
MCP Flexion: 70 degrees (NL-90 degrees)  
MCP Extension: 0 degrees (NL-5 degrees)  
IP Flexion: 35 degrees (NL-110 degrees)  
IP Extension: 0 degrees (NL-5 degrees)  
**Diagnostic Test Results:**  
**DIAGNOSTIC TEST RESULTS:**  
The following are the test results for: JAMAR  
Dominant Hand: Right  
Affected Extremity: Left  
Right Extremity: 83 psi (1st attempt)  
Right Extremity: 76 psi (2nd attempt)  
Right Extremity: 81 psi (3rd attempt)  
Left Extremity: 50 psi (1 attempt)  
Left Extremity: 48 psi (2nd attempt)  
Left Extremity: 48 psi (3rd attempt)  
Clinician ID: xy  
**Impairment Rating:**  
This patient has 15% Whole Person Impairment (WPI). Chapter 16 criteria from AMA Guides, 5th edition were used to determine this. Not only is the left middle finger stiff, but due to the severity of the original injury as well as the post-operative immobilization he underwent for fracture healing, he has developed compensatory stiffness in the other 4 digits of his left hand. He also has ulnar deviation of the middle finger. Grip strength criteria were also used to determine his disability rating.

Q

|

The patient has stiffness of all 5 digits on his left hand. The thumb has range of motion (ROM) at the MP joint of 0/70. According to page 457, figure 16-13, this is worth 0% & 0% thumb MP impairment, respectively. They add together to give 0% thumb MP impairment. The IP joint has ROM of +20/35. This is rated on page 456, figure 16-12, to be worth 0% & 3.5% IP joint impairment, respectively. They add together to give 3.5% IP joint impairment. He has left thumb abduction of 60 degrees. This is rated on page 459, table 16-8, to be worth 0% thumb impairment. He has left thumb adduction of 2.5 cm. This is rated on page 459, table 16-8, to be worth 2% thumb opposition. He has left thumb opposition of 6 cm. This is rated on page 460, table 16-9, to be worth 3% thumb impairment. All five joint values are added together to give 8.5% thumb impairment. On page 458, table 16-1, this converts to 3.5% hand impairment due to thumb stiffness.

The patient also has stiffness of his left index finger. The four fingers all used similar figures within chapter 16 of the AMA Guides to calculate disability due to stiffness. The index finger MP joint has ROM of +10/60. This is rated on page 464, figure 16-23, to be worth 3% & 17% index finger MP joint impairment, respectively. They add together to give 20% MP joint impairment. The PIP joint has ROM of 0/95. This is rated on page 463, figure 16-23, to be worth 0% & 3% index PIP impairment, respectively. They add together to give 3% PIP joint impairment. The DIP joint has ROM of 0/95. This is rated on page 461, figure 16-21, to be worth 0% & 2.5% DIP impairment, respectively. They add together to give 2.5% DIP joint impairment. The three individual joint values combine together to allow for 24% index finger impairment. Using page 458, table 16-1, this converts to 5% hand impairment due to index finger stiffness.

The middle finger MP joint has ROM of 0/70. On page 464, figure 16-23 rates this as 5% & 11% = 16% MP impairment. The PIP joint has ROM of -15/60. On page 463, figure 16-23 rates this as 3% & 24% = 29% PIP impairment. The DIP joint has ROM of -20/35. On page 461, figure 16-21 rates this as 0% & 7.5% = 11.5% DIP impairment. These combine to be worth 47% middle finger impairment due to stiffness. There is also ulnar deviation of the middle finger at the PIP joint of 15 degrees. This is rated on page 500, table 16-20, to be considered "moderate deviation" worth 20% digit impairment. The 47% is combined with 20% to allow for 58% middle finger impairment. On page 458, table 16-1, this converts to 12% hand impairment due to middle finger stiffness and deformity.

The ring finger MP joint has ROM of 0/85. On page 464, figure 16-23 rates this as 5% & 14% = 19% MP impairment. The PIP joint has ROM of 0/90. On page 463, figure 16-23 rates this as 0% & 9% = 9% PIP impairment. The DIP joint has ROM of 0/60. On page 461, figure 16-21 rates this as 0% & 5% = 5% DIP impairment. The three joint values combine to be worth 28% ring finger impairment, which is converted on page 458, table 16-1, to be worth 3% hand impairment due to ring finger stiffness.

The small finger MP joint has ROM of +20/70. On page 464, figure 16-23 rates this as 0% & 8.5% = 8.5% MP impairment. The PIP joint has ROM of 0/95. On page 463, figure 16-23 rates this as 0% & 3% = 3% PIP impairment. The DIP joint has ROM of 0/70. On page 461, figure 16-21 rates this as 0% & 6% = 0% DIP impairment. The three joint values combine to be worth 11.5% small finger impairment, which is converted on page 458, table 16-1, to be worth 1% hand impairment due to small finger stiffness.

The five digital contributions to hand impairment values are then added together to allow for 24.5% total hand impairment. On page 459, table 16-2, this converts to 22.5% upper extremity impairment.

Q

The patient also lacks full grip strength to his left hand. While he has some stiffness of his left hand, it is not so much to prohibit grip strength testing. He is able to grip the Jamar dynamometer.

Furthermore, it has been over 10 months since his most recent surgery. It is not likely that another 1.5 months will make a significant change in his grip strength, as the original injury was almost 2 years ago. Therefore, grip strength criteria were included in his Permanent Disability rating. His right (uninjured) hand has grip strength of 83 lbs, 76 lbs, & 81 lbs. These average 80 lbs. His left (injured) hand has grip strength of 59 lbs, 48 lbs, & 48 lbs. These average 43.7 lbs. Using the formula set aside on page 509, this represents 39% strength loss index. On table 16-34, this is worth 20% upper extremity impairment. On page 499, table 16-18, involvement of the entire middle finger is worth a maximum of 18% upper extremity impairment. 20% x 18% = 3.6% upper extremity impairment due to grip strength loss from his middle finger injury. This can be rounded to 3.5% upper extremity impairment.

The 22.5% upper extremity impairment from digital stiffness and deformity is then combined with the 3.5% upper extremity impairment due to strength loss to allow for a total upper extremity impairment of 25%. On page 459, table 16-2, this translates into 15% WPI.

**Pain Assessment:**  
mild aches occasionally to left middle finger and hand with use  
occasional sharp shooting pains in left forearm with use  
**Permanent Disability Cause:**  
15%WPI  
**Comments:**  
future medical: repeat MD evaluation if worsening left middle finger stiffness or pain  
injury is work related due to acute trauma  
no issues of apportionment

**Work Restrictions:**  
full duty  
no restrictions

# Flawed Impairment Assessment and Need for Comprehensive Evaluation



## Physician's impairment assessment

Concluded 15% whole person impairment (WPI) based on deficits in left hand, grip strength loss, and middle finger deformity



## Methodological flaws identified

Lack of bilateral range-of-motion measurements, improper inclusion of uninjured fingers, inappropriate grip strength testing, and inadequate consideration of diabetes-related connective tissue pathology



## Comprehensive assessment required

Need for a thorough evaluation considering all relevant factors to accurately determine the extent of impairment

The initial impairment assessment was found to be methodologically flawed, highlighting the need for a more comprehensive and accurate evaluation to determine the true extent of the individual's impairment.

# Work-Related Left Middle Finger Injury - 7% not 15% Whole Person Impairment

Mr. Patient sustained a work-related injury to his left middle finger, resulting in motion loss and deformity. A corrected, guideline-conforming assessment determined that he has a 58% digit impairment, which converts to a 7% Whole Person Impairment (WPI) according to the AMA Guides (5th Edition). This revised rating reflects the objective anatomical deficits, excluding any non-ratable or unsupported elements.



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June 23, 2025

Client  
Supervisor  
ABC Insurance  
Post Office Box 11111  
City, State

RE: Individual: Patient  
Date of Injury: 1/31/2023  
Claim No.: 20230000749  
Service: Impairment Rating Analysis

Dear Ms. Client,

Thank you for the opportunity to review the medical records and provide an evaluation of permanent impairment for Mr. Patient, in accordance with the *AMA Guides to the Evaluation of Permanent Impairment*, Fifth Edition. This assessment was conducted by carefully applying the clinical information found in the provided records to the established processes, procedures, and criteria outlined in the *AMA Guides*.

Throughout the evaluation, my approach has remained rooted in evidence-based medicine, with a focus on objective clinical findings and adherence to the *Guides'* methodology. All conclusions presented are offered to a reasonable degree of medical certainty. My objective is to ensure that the resulting impairment determination is accurate, fair, and consistent with the standards set forth in the *AMA Guides*.

As the former Editor of the *Guides Newsletter*, Editor of the *Guides Casebook*, and Senior Contributing Editor for the musculoskeletal chapters of the *AMA Guides*, Sixth Edition, I bring a deep familiarity with both the theoretical framework and the practical application of the *Guides*. My intent is to provide an unbiased and clinically grounded assessment that reflects the appropriate use of the *Guides* and incorporates sound medical judgment.

In the sections that follow, I will present my analysis of Mr. Patient's case. Should there be any need for clarification or further discussion, I would be pleased to assist. If appropriate, this report may also be shared with Dr. Physician as constructive feedback. Given the

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Brigham and Associates, Inc.  
RE: Individual: Patient  
Date of Injury: 1/31/2023  
Claim No.: 20230000749

June 23, 2025

complexity of impairment evaluations in cases such as this, my aim is to contribute meaningfully to an equitable and medically supported determination.

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Brigham and Associates, Inc.  
RE: Individual: Patient  
Date of Injury: 1/31/2023  
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June 23, 2025

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## Executive Summary

Mr. Patient, a 63-year-old man, sustained a severe injury to his left middle finger on January 31, 2023, involving comminuted and displaced fractures of the proximal phalanx and distal metacarpal head, with associated tendon damage. He underwent two surgical procedures—initial open reduction and internal fixation, followed by tenolysis, capsulotomy, and hardware removal. Despite rehabilitation, he experienced persistent stiffness, pain, and ulnar deviation.

An impairment assessment by Physician, MD concluded a 15% whole person impairment (WPI) based on deficits across all digits of the left hand, grip strength loss, and middle finger deformity. However, this evaluation was found to be methodologically flawed. Key criticisms included: (1) lack of bilateral range-of-motion measurements; (2) improper inclusion of impairment for uninjured fingers; (3) inappropriate application of grip strength testing in a painful condition; and (4) inadequate consideration of the potential contribution of diabetes-related connective tissue pathology.

A corrected, guideline-conforming assessment—focused solely on motion loss and deformity of the injured middle finger—yielded a 58% digit impairment, which converts to 7% WPI using the *AMA Guides* (5th Edition). This revised rating reflects objective anatomical deficits, excluding non-ratable or unsupported elements. Therefore, the final credible impairment rating attributed to Mr. Patient's work-related left middle finger injury is 7% Whole Person Impairment.

## Documents

You provided 374 pages of documents for analysis; these are reflected in the document chronology appended to this report.

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Brigham and Associates, Inc.  
RE: Individual: Patient  
Date of Injury: 1/31/2023  
Claim No.: 20230000749

June 23, 2025

## Clinical Summary

### Injury

In summary, Mr. Patient is a 63-year-old man who had an injury on 1/31/2023. He had an injury to his left middle finger while using an angle grinder at work. The blade slipped, causing a laceration and fractures to his proximal phalanx and metacarpal head of the left third finger. He reported 10/10 pain.

### Pre-Existing Status

Mr. Patient denies prior symptoms. As will be explained, Mr. Patient's diabetes is a significant comorbidity with potential impact on his hands.

### History

### Current Status

Mr. Patient reported to Physician, MD, on December 12, 2024, the following,

now using bid/ice, warming pads, and hand-held massager c/o occasional left forearm sharp pain. The hand will also ache sometimes with use at work. Sometimes hard to lift heavier items, may need assistance here for PD ring, mild achiness occasionally to left middle finger and hand with use, occasional sharp shooting pains in left forearm with use, full work. no restrictions.

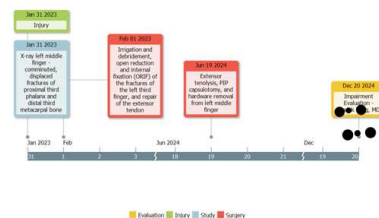
### Clinical Timeline

The clinical chronology is reflected in the following timeline.

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Brigham and Associates, Inc.  
RE: Individual: Patient  
Date of Injury: 1/31/2023  
Claim No.: 20230000749

June 24, 2025



## Clinical Diagnoses

Based on the review of the documents provided, these diagnoses are identified.

### 1. Left Middle Finger Pain with Fracture and Surgical History

- Comminuted, displaced fractures of proximal third phalanx and distal third metacarpal bone (left middle finger)
  - S62.625A - Displaced comminuted fracture of proximal phalanx of left middle finger
  - S62.305A - Displaced fracture of base of third metacarpal bone, left hand, initial encounter for closed fracture
- Status post open reduction and internal fixation (ORIF), tendon repair - 2/1/2023 (one day post injury)
  - Z96.651 - Presence of left artificial joint or internal fixation device of hand

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Brigham and Associates, Inc.  
RE: Individual: Patient  
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- Extensor tenolysis, PIP capsulotomy, and hardware removal - 6/19/2024
  - Z47.89 - Encounter for other orthopedic aftercare

These diagnoses are also noted,

- Diabetes Mellitus
  - E11.X - Type 2 diabetes mellitus
  - E11.618 - Type 2 diabetes mellitus with other diabetic arthropathy, probable
- Hypertension
  - I10 - Essential (primary) hypertension
- Hyperlipidemia
  - E78.5 - Hyperlipidemia, unspecified
- Chronic Anxiety
  - F41.1 - Generalized anxiety disorder

## Clinical Analysis

Mr. Patient, a 63-year-old man, had an injury to his left middle finger on January 31, 2023, while using an angle grinder at work. The blade slipped, causing a deep laceration that exposed bone and resulted in complex, displaced fractures of both the proximal phalanx (the first bone of the finger) and the metacarpal head (the knuckle bone where the finger connects to the hand).

This type of injury usually affects multiple structures—bone, tendon, and soft tissue. No other digits were involved, the injury was solely to the proximal portion of the left middle finger.

Upon arrival at Centinela Hospital, Mr. Patient presented with severe bleeding, visible bone, and rated his pain at 10/10.

The following is an artificial intelligence image of how this injury may have appeared, based on the description in the records:

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Upon arrival at Centinela Hospital, Mr. Patient presented with severe bleeding, visible bone, and rated his pain at 10/10.  
The following is an artificial intelligence image of how this injury may have appeared, based on the description in the records:



X-rays confirmed the broken bones were not only fractured but also shifted out of normal alignment. The following day, he underwent surgery that included cleaning the wound, realigning and securing the broken bones with hardware (plates and screws), and repairing the damaged extensor tendon the tissue that straightens the finger). Initial follow-up showed good healing with the broken bones properly aligned.

Over the next several months, Mr. Patient participated in occupational therapy to reduce swelling, improve motion, and strengthen his finger. Despite making progress, he continued to experience stiffness with the middle finger, particularly at the proximal interphalangeal, and developed an ulnar deviation finger angling toward the little finger side). By October 2023, although improving, he still could not make a complete fist and reported intermittent pain.

These persistent limitations led to a second surgery in June 2024, which addressed three problems: freeing up the scarred extensor tendon (tenolysis), releasing the contracted joint capsule (capsulotomy), and removing the hardware previously placed to stabilize the fracture. Following this procedure, Mr. Patient resumed therapy and showed significant improvement in both motion and strength. There is no documentation that there were motion deficits of other digits.

By August 2024, approximately 19 months after the injury, his condition was deemed 'permanent and stationary,' meaning further significant improvement was unlikely. He was cleared to return to full-duty work. At his December 2024 evaluation, Mr. Patient reported occasional sharp pain in his left forearm, some difficulty lifting heavier items, and mild aching in the finger with use.

#### Maximum Medical Improvement

The best estimate of the date of achieving Maximum Medical Improvement (MMI), e.g., permanent and stationary status, is August 20, 2024, as opined by Physician, MD.

MMI refers to the point at which a condition has stabilized and is unlikely to change (improve or worsen) substantially in the next year, with or without treatment. While symptoms and signs of the condition may wax and wane over time, further overall recovery or deterioration is not anticipated.

#### Impairment Assessment

Based on the facts provided and the processes defined in the AMA *Guides to the Evaluation of Permanent Impairment, Fifth Edition*, permanent impairment is evaluated. Information on impairment assessment is provided at [www.amaguides.com](http://www.amaguides.com).

#### Critique of Physician, MD Evaluation

Physician, MD, provided the following impairment assessment on December 20, 2024:

"This patient has 15% Whole Person Impairment (WPI). Chapter 16 criteria from AMA Guides, 5th edition were used to determine this. Not only is the left middle finger stiff, but due to the severity of the original injury as well as the post-operative immobilization he underwent for fracture healing, he has developed compensatory stiffness in the other 4 digits of his left hand. He also has ulnar deviation of the middle finger. Grip strength criteria were also used to determine his disability rating."

The patient has stiffness of all 5 digits on his left hand. The thumb has range of motion (ROM) at the MP joint of 0/70. According to page 457, figure 16-15, this is worth 0% & 0% thumb MP impairment, respectively. They add together to give 0% thumb MP impairment. The IP joint has ROM of <20/55. This is rated on page 456, figure 16-12, to be worth 0% & 5% IP joint impairment, respectively. They add together to give 3.5% IP joint impairment. He has 14% thumb abduction of 60 degrees. This is rated on

page 459, table 16-8, to be worth 0% thumb impairment. He has 14% thumb adduction of 2.5 cm. This is rated on page 456, table 16-8b, to be worth 2% thumb impairment. He has left thumb opposition of 6 cm. This is rated on page 460, table 16-9, to be worth 3% thumb impairment. All five joint values are added together to give 8.5% thumb impairment. On page 458, table 16-1, this converts to 3.5% hand impairment due to thumb stiffness.

The patient also has stiffness of his left index finger. The four fingers all used similar figures within chapter 16 of the AMA Guides to calculate disability due to stiffness. The index finger MP joint has ROM of <10/60. This is rated on page 464, figure 16-25, to be worth 3% & 17% index finger MP joint impairment, respectively. They add together to give 20% MP joint impairment. The IP joint has ROM of 0/95. This is rated on page 463, figure 16-23, to be worth 0% & 5% index MP impairment, respectively. They add together to give 5% IP joint impairment. The DIP joint has ROM of 0/65. This is rated on page 461, figure 16-21, to be worth 0% & 2.5% DIP impairment, respectively. They add together to give 2.5% DIP joint impairment. The three individual joint values 20%+5%+2.5% are added together to allow for 24% index finger impairment using page 438, table 16-1, this converts to 5% hand impairment due to index finger stiffness.

The middle finger MP joint has ROM of 0/70. On page 464, figure 16-25 rates this as 5% & 11% = 16% MP impairment. The IP joint has ROM of <10/60. On page 463, figure 16-23 rates this as 5% & 24% = 29% IP impairment. The DIP joint has ROM of <20/55. On page 461, figure 16-21 rates this as 4% & 7.5% = 11.5% DIP impairment. These combine to be worth 47% middle finger impairment due to stiffness. There is also ulnar deviation of the middle finger at the IP joint of 15 degrees. This is rated on page 500, table 16-10, to be considered a "moderate deviation." The 47% is combined with 20% to allow for 56% middle finger impairment. On page 438, table 16-1, this converts to 12% hand impairment due to middle finger stiffness and deformity.

The ring finger MP joint has ROM of 0/65. On page 464, figure 16-25 rates this as 5% & 14% = 19% MP impairment. The IP joint has ROM of 0/90. On page 463, figure 16-23 rates this as 0% & 4% = 4% IP impairment. The DIP joint has ROM of 0/60. On page 461, figure 16-21 rates this as 0%+4% = 5% DIP impairment. The three joint values combine to be worth 24% ring finger impairment, which is converted on page 438, table 16-1, to be worth 3% hand impairment due to ring finger stiffness.

The small finger MP joint has ROM of <20/70. On page 464, figure 16-25 rates this as 0% & 8.5% = 8.5% MP impairment. The IP joint has ROM of 0/95. On page 463, figure 16-23 rates this as 0% & 5% = 5% IP impairment. The DIP joint has ROM of 0/70. On page 461, figure 16-21 rates this as 0%+0% = 0% DIP impairment. The three joint values combine to be worth 13.5% small finger impairment, which is converted on page 438, table 16-1, to be worth 1% hand impairment due to small finger stiffness.

The five digits' contributions to hand impairment values are then added together to allow for 24.5% total hand impairment. On page 439, table 16-2, this converts to 22.5% upper extremity impairment. The patient also lacks full grip strength to his left hand. While he has some stiffness of his left hand, it is not so much to prohibit grip strength testing. He is 10% on the grip the Jamar dynamometer.

Furthermore, it has been over 10 months since his most recent surgery. It is not likely that another 4.5 months will make a significant change in his grip strength, as the original injury was almost 2 years ago. Therefore, grip strength criteria were included in his Permanent Disability rating. His right (injured) hand has grip strength of 83 lbs, 76 lbs, & 81 lbs. These average 80 lbs. His left (injured) hand has grip strength of 50 lbs, 48 lbs, & 48 lbs. These average 48.7 lbs. Using the formula set aside on page 508, this represents 29% strength loss index. On table 16-54, this is worth 20% upper extremity impairment. On page 439, table 16-18, involvement of the entire middle finger is worth a maximum of 18% upper extremity impairment. 20% x 18% = 3.6% upper extremity impairment due to grip strength loss from his middle finger injury. This can be rounded to 3.5% upper extremity impairment.

The 22.5% upper extremity impairment from digital stiffness and deformity is then combined with the 3.5% upper extremity impairment due to strength loss to allow for a total upper extremity impairment of 25%. On page 439, table 16-2, this translates into 15% WPI.

ROM	Thumb	Index	Middle	Ring	Small
MP joint	0/70	<10/60	0/70	0/65	0/95
IP joint	<20/55	0/95	0/95	0/90	0/95
DIP joint	0/65	0/65	0/65	0/60	0/70
abduction	60 deg				
adduction	2.5 cm				
opposition	6 cm				

Based on the facts provided and the processes defined in the AMA *Guides to the Evaluation of Permanent Impairment, Fifth Edition*, I respectfully disagree with the assessment provided by Dr. Physician. There are opportunities for improvement, and I appreciate the challenges that he encountered. I am providing my critique as constructive feedback and I would be pleased to answer questions that Dr. Physician may have, if this is requested and permissible.

#### Treating Physician

Physician, MD is a treating physician, his specialty is hand orthopedics, and his training and qualifications on assessing permanent impairment are not known. The impairment evaluation in this case was performed by the treating physician, thus has had a significant ongoing relationship with this patient. Therefore, it is not possible for this provider to be truly "independent" or "unbiased" in terms of this case.

#### Section 2.1 Defining Impairment Evaluations, states:

"An impairment evaluation is a medical evaluation performed by a physician, using a standard method as outlined in the guides to determine permanent impairment associated with a medical condition. An impairment evaluation may include a numerical impairment percentage or rating, as defined in the Guides" (5<sup>th</sup> ed., 18).

#### Section 2.3 Examiner's Roles and Responsibilities, states:

"The physician's role in performing an impairment evaluation is to provide an independent, unbiased assessment of the individual's medical condition, including its effect on function, and identifying abilities and limitations to performing activities of daily living as listed in Table 1-2. Performing an impairment evaluation requires considerable medical expertise and judgment." (5<sup>th</sup> ed., 18)

This is not to suggest that Dr. Physician acted in anything other than good faith in attempting to provide an accurate impairment rating. However, given his role as the treating physician, the potential limitations in maintaining full independence and objectivity must be acknowledged and taken into account when evaluating the validity of his impairment assessment.

#### Questionable Clinical Data Used to Define Impairment

##### Standards of Clinical Evaluation and Document Not Met

When performing impairment evaluations, it is critical to assess active range of motion meticulously; bilaterally, using a goniometer. Three measurements of each motion are obtained to ensure reliability, and the maximum is used to assess impairment. Motion deficits at the metacarpophalangeal (MCP), proximal interphalangeal (PIP) and distal interphalangeal (DIP) should be documented in degrees, and consistency between active and passive measurements should be evaluated to exclude non-organic findings.

Grip strength should only be considered if there is neurologic loss or structural compromise, there are no other conditions that would prohibit this (e.g., pain, motion loss, etc.) and the findings are valid and reliable.

Ratings should be grounded in reproducible, objective deficits and should account for the combined impact of involvement across multiple digits. It is essential to determine the causes of motion deficits.

Measurements were documented on the left and the reliability of the findings and measurements are unknown.

Figure 16-1a, Upper Extremity Impairment Evaluation Record (AMA Guides, 5th ed., p. 436), is specifically designed to document the measurements and calculations required for hand impairment assessments. This form was not completed in the present case. Given the complexity of hand evaluations—which often involve numerous data points and calculations—the use of this standardized form is essential for clarity and transparency. Attempting to convey such detailed information solely through narrative description can obscure key elements, much like attempting to file taxes without the use of structured forms. Proper use of the designated evaluation record enhances both accuracy and comprehensibility.

#### Validity and Reliability Unknown

Dr. Physician based his rating on his observations and his understanding of the use of the AMA Guides. It is imperative that reliable examination findings by valid and reliable. In Section 2.34, Consistency, the AMA *Guides* requires that findings be consistent.

Consistency tests are designed to ensure reproducibility and greater accuracy. "The physician must utilize the entire range of clinical skills and judgment when assessing goniometric measurements or test results are plausible and consistent with the impairment being evaluated. If no goniometric observation or test result the medical evidence appears insufficient to verify that an impairment of a certain magnitude exists, the physician may modify the impairment rating accordingly and then describe and explain the reason for the modification in writing." (5<sup>th</sup> ed., 18)

In Section 2.5d, Interpolating, Measuring, and Rounding Off, The AMA *Guides* states that findings must be reproducible if they are to serve as a basis for impairment rating:

"Two measurements made by the same examiner using the guides that involve an individual or an individual's function would be considered consistent if they fall within 10% of each other. Measurements must be consistent between two trained examiners using one observer on two separate occasions, assuming the individual's condition is stable." (5<sup>th</sup> ed., 20)

Patients may demonstrate less than their full capabilities with motion, therefore, it is imperative to compare findings to other observations since at MMI, I thoroughly reviewed all provided records and found no records to verify the reliability of what he observed with motion.

There is a discrepancy in the range of motion findings for the left middle finger during the physical examination on September 25, 2023, before June 2024 surgery, and during the impairment evaluation by Dr. Physician on December 20, 2024 six months after the surgery. After the surgery, one would hope motion should improve, however, greater motion deficits were reported by Dr. Physician.

#### No documentation of Measurements Opposite Side

There was no documentation of measurements on the opposite side. This is useful to determine what is "normal" for her. The Fifth Edition discusses in Section 1.2a, Impairment, the determination of normal. The *Guides* states:

"When evaluating an individual, a physician has two options: consider the individual's health preinjury or preillness state or the condition of the unaffected side as "normal" for the individual. If this is known, or compare that individual to a normal value defined by population averages of healthy people. The guides use both approaches." (5<sup>th</sup> ed., 2)

#### Section 16.4c, Method for Motion Impairment Calculation, states:

"The measurements reported in the impairment tables and pie charts reflect the accepted average range(s) of motion for each joint. However, certain people can have either lesser or greater joint flexibility than average. Therefore, it is most important to always compare measurements of the relevant joint(s) in both extremities. If a "contralateral "normal" joint has a less than average mobility, the impairment value(s) corresponding to the uninvolved joint can serve as a baseline and are subtracted from the calculated impairment for the involved joint. The rationale for this decision should be explained in the report." (5<sup>th</sup> ed., 453).

The opposite extremity should serve as "normal", therefore, losses should be determined in relationship to this normal.

#### Diabetes and Hand Motion Deficits

Mr. Patient is diabetic; information on the severity of his diabetes is not provided in the records I reviewed. This is likely a significant factor for Mr. Patient and recovering from his middle finger injury. Diabetes has many manifestations; the impact on the musculoskeletal system—particularly the upper extremities—is both underrecognized and frequently disabling. The term "diabetic hand" encompasses a spectrum of conditions, with the most consequential and clinically relevant finding is the loss of motion—often insidious, progressive, and functionally significant.

Motion deficits in the diabetic hand are not isolated anomalies but represent the cumulative effect of long-standing hyperglycemia on connective tissue structures. The pathophysiology is now well established: chronic exposure to elevated glucose levels leads to non-enzymatic

glycation of collagen, resulting in the formation of advanced glycation end products (AGEs). These AGEs cause cross-linking of collagen fibers, reducing tissue elasticity and increasing stiffness. In parallel, microvascular changes diminish perfusion to tendon and peritendinous tissues, leading to hypoxia, fibrosis, and contracture formation.

Clinically, this process manifests most notably as limited joint mobility (LJM), particularly affecting the metacarpophalangeal (MCP) and proximal interphalangeal (PIP) joints. Patients frequently present with a subtle inability to fully extend the fingers. It often begins bilaterally and is noticed only when performing tasks that require complete hand opening—such as placing the hand flat on a surface or grasping large objects. These extension deficits are typically non-tender, non-inflammatory, and progressive, distinguishing them from inflammatory arthropathies.

As the condition advances, contractures may become fixed. While a 10- to 20-degree deficit in PIP extension may seem minor, it progressively and substantially impairs composite hand function, particularly for tasks requiring coordinated digit motion. This is compounded when patients develop Dupuytren's disease, which is more prevalent and more aggressive in individuals with diabetes. The involvement of the palmar fascia—most often in the ring and little fingers—leads to further loss of extension and functional grip span.

Another frequent contributor to motion loss is stenosing tenosynovitis, or trigger finger. Glycation of the tendon sheath leads to thickening and nodularity along the flexor tendons, producing the classic catching or locking sensation during finger flexion and extension. Initially intermittent, this may evolve into a fixed flexion posture that resists passive correction. When multiple digits are involved, which is not uncommon in diabetic patients, the cumulative effect on hand function is considerable.

From a functional standpoint, these motion deficits may limit the ability to grasp, manipulate, and release objects. Patients may describe difficulty with dressing, tool use, or work requiring fine dexterity. There is no evidence that the impact of his diabetes was considered in the assessment of impairment.

#### Impairment Rating Higher Than Amputation of Entire Middle Finger

The rating of 15% whole person impairment is higher than would be projected for an injury only involving the left middle finger. Hypothetically, if someone had total loss (amputation) of that digit, the resulting 100%-digit impairment equates to 20% hand impairment, 18% upper extremity, and 11% whole person. Therefore, the rating he received of 15% whole person is substantially higher than a rating for total loss of that digit.

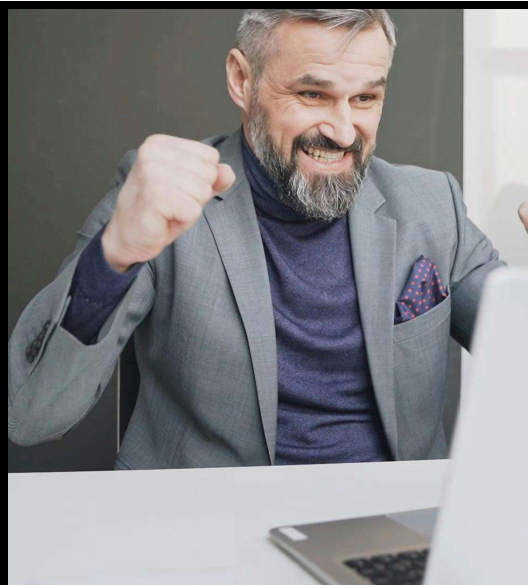






[illegible]

\* Brigham CR. Grip Strength: An Uncommon Impairment. *AMA Guides Newsletter*, September / October 2003.



## What is the role of impairment rating software ?

## Gerry builder of novel program

### ... FSU computer whiz touches nerve with diagnostic invention



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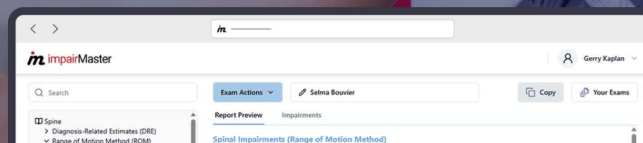
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Middle Finger Range of Motion

☒ Left Middle Finger ☐ Right Middle Finger

DIP Flexion 55° ☐ Arky ☐ Use as baseline

DIP Extension 20° ☐ Arky ☐ Use as baseline

PIP Flexion 60° ☐ Arky ☐ Use as baseline

PIP Extension 15° ☐ Arky ☐ Use as baseline

MP Flexion 70° ☐ Arky ☐ Use as baseline

MP Extension 0° ☐ Arky ☐ Use as baseline

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Independent Medical Evaluation Report Critique for Attorneys and Claims Professionals

Disclaimer and Contextual Statement:

This review has been generated with the assistance of advanced artificial intelligence (AI) systems developed by Brigham and Associates, Inc., designed to enhance the quality, consistency, and efficiency of medicolegal evaluations. These proprietary tools integrate specialized engineering with localized knowledge bases that reflect current best practices.

While AI can provide structured, constructive feedback and highlight potential areas for improvement, it is not a substitute for expert clinical judgment. The interpretation of medical reports and the assignment of impairment ratings must be performed by a qualified physician with substantial expertise in medicolegal issues, including the proper application of the AMA Guides to the Evaluation of Permanent Impairment.

If questions arise or deficiencies are suggested by the AI critique, the report should be reviewed by a physician with specialized training in medicolegal evaluation. This AI-generated analysis should be considered in the context of all available documentation, and its findings should be validated by a human expert before being used for clinical decision-making or claims determinations.

Section 1: Case Summary Table

Key Information	Details
Case number or file ID	2023-00001
Author of report	John Physician, MD
Specialty of author	Not specified
State	Not specified (possibly California based on PR-4 form)
Type of report	Primary Treating Physician's Permanent and Stationary Report (PR-4) - Addendum
Requesting party	Not specified
Date of injury	1/31/2023
Date of report	12/20/2024
Interval from injury to report	23 months
Primary diagnosis	Left middle finger injury with multiple surgeries

Key Information	Details
Length of report	Approximately 7 pages

Section 2: Case Summary

This is a Permanent and Stationary (P&S) report for a 62-year-old right-hand dominant male iron worker who sustained a left middle finger injury on 1/31/2023 while using a grinder. The injury required two surgeries: 1) ORIF of 3rd metacarpal head, proximal phalanx, and extensor tendon repair on 2/1/2023, and 2) left middle finger extensor tenolysis, PIP capsulotomy, and hardware removal on 6/9/2024. The patient was declared permanent and stationary on 8/20/2024. The evaluator determined a 15% Whole Person Impairment (WPI) based on the AMA Guides 5th Edition, citing stiffness in all five digits of the left hand, ulnar deviation of the middle finger, and reduced grip strength.

Section 3: Narrative Critique

1. Report Structure and Presentation

The report follows a somewhat standard clinical format but lacks the comprehensive structure expected in a high-quality medicolegal report. There are inconsistencies in formatting and organization, with some sections appearing more detailed than others. The report jumps between different elements without clear transitions or headings [3]. The formatting is inconsistent with multiple typos (such as "bioficcize", "Treatments", and "prox phlx"), suggesting poor quality control.

2. Comprehensiveness

The report is incomplete compared to standard IME/impairment evaluation requirements. It lacks several essential elements including a thorough introduction, complete medical records review, work history, and a structured clinical discussion connecting the findings to the conclusions [3]. While it includes physical examination findings and impairment calculations, the overall comprehensiveness is inadequate for a medicolegal report.

3. Introduction

The report lacks a proper introduction stating the purpose, referral source, and scope of the evaluation. There is no statement about the physician's role, qualifications, or relationship to the case [5]. It fails to establish the framework for the evaluation or indicate what specific questions the evaluation aims to answer.

4. Medical History

The medical history is extremely brief and disorganized. While it mentions the injury and subsequent surgeries, it lacks detail about the initial treatment, rehabilitation course, and response to interventions. The description of the injury mechanism is minimal ("was using a grinder... lost control of it and cut/injured left middle finger"). The past medical, social, and family history is

mentioned as "reviewed" but not documented. The review of systems is present but in a checklist format without narrative integration [3].

5. Medical Records Review

There is no evidence of a medical records review section. The report fails to list what medical records were reviewed or to incorporate their findings into the narrative [8]. This is a significant deficiency as an impairment evaluation should include review of relevant medical documentation to establish chronology, consistency, and support the impairment conclusions.

6. Physical Examination

The physical examination is relatively detailed for the affected body part but lacks organization and context. It includes range of motion measurements for all digits of the left hand and grip strength testing. However, there's no clear comparison to normative values in all instances, and the findings are not clearly related to functional limitations. The examination includes appropriate objective findings (ROM measurements, deformity description) but could be better organized to distinguish subjective from objective findings [3].

7. Conclusions and Medical Opinions

Diagnoses

The report lacks specific diagnostic conclusions with ICD-10 codes. While it references the injuries and surgeries, it does not provide formal diagnoses for the current clinical status [5].

Clinical/Case Discussion

The clinical discussion is minimal, with little explanation of how the clinical findings relate to the functional limitations or impairment. There is no thoughtful analysis connecting the objective findings to the ultimate conclusions beyond the impairment calculation itself [1].

Causation Analysis

The causation statement is extremely brief: "injury is work related due to acute trauma" without any methodology or analysis. There is no discussion of potential alternative causes, aggravation of pre-existing conditions, or application of causation methodology [3].

Maximum Medical Improvement (MMI)

The report indicates the patient was declared permanent and stationary on 8/20/2024 but provides no rationale for this determination. There is no discussion of why the condition is considered stable or whether further improvement is expected [1].

Impairment Rating

The impairment rating section is the most detailed portion of the report, using the AMA Guides 5th Edition. It includes references to specific tables and figures with page numbers, which is appropriate [5]. However, there are several issues:

Evaluation Criteria	Score (0-4)	Explanation
Structure and Presentation	2	Poor organization, inconsistent formatting, typos throughout report.
Comprehensiveness	1	Missing multiple essential elements of a quality IME report.
Introduction	0	No formal introduction stating purpose, scope, or referral source.
Medical History	1	Minimal injury details, no prior history documentation.
Medical Record Review	0	No evidence of records review or incorporation into analysis.
Physical Examination	3	Detailed ROM measurements but lacking systematic organization.
Diagnoses	1	No formal diagnostic statements with ICD-10 codes.
Clinical/Case Discussion	1	Minimal analysis connecting findings to conclusions.
Causation Analysis	1	Single sentence without methodology or analysis.
MMI Determination	1	States MMI date without rationale or explanation.
Impairment Rating	2	Detailed calculations but methodological concerns and excessive narrative.
Work Ability Assessment	1	No explanation for "full duty" conclusion despite 15% WPI.
Recommendations	1	Minimal future medical recommendation.
Disclosures/Attestations	0	No disclosures about evaluator role or objectivity.
Bias and Tone	2	Somewhat neutral but disconnected conclusions from findings.
Overall Quality Rating	1	Multiple significant deficiencies undermine report utility.

Scoring System: 4 = Excellent, 3 = Good, 2 = Fair, 1 = Poor, 0 = Deficient

Section 6: Impairment Rating Red Flag Assessment

Red Flag Pattern Matching

#	Red Flag	Red Flag Present?	Explanation
1	Treating or Biased Physician	<input checked="" type="checkbox"/>	Report is from treating physician (PR-4 form), creating potential bias.
2	Out-of-Scope Evaluation	<input type="checkbox"/>	Not determinable without physician specialty information.
3	Lack of Training or Credentialing	<input checked="" type="checkbox"/>	No evidence of AMA Guides training or certification mentioned.
4	Unprofessional Report	<input checked="" type="checkbox"/>	Multiple typos, formatting issues, and poor organization.
5	Incomplete Documentation	<input checked="" type="checkbox"/>	Missing key sections including records review and proper history.
6	No MMI / Premature Rating	<input type="checkbox"/>	MMI established 4 months prior to report.
7	AMA Guides Misnamed or Incorrect Edition	<input type="checkbox"/>	Correctly identifies 5th Edition.
8	Outlier Rating Value	<input type="checkbox"/>	15% WPI not excessive for multiple surgeries and documented ROM deficits.
9	Problematic Diagnosis (CRPS, disc, etc.)	<input type="checkbox"/>	Standard orthopedic diagnoses.
10	Multiple Diagnoses rated	<input checked="" type="checkbox"/>	Rated stiffness in all five digits without clear causation linkage.
11	No Table/Figure Citation	<input type="checkbox"/>	Provides detailed table/figure citations.
12	Disallowed or Subjective Methods Used	<input checked="" type="checkbox"/>	Combines ROM with grip strength when ROM deficits already present.
13	Software-Only Rating	<input type="checkbox"/>	No evidence of automated software-based rating.
14	Invalid Clinical Findings	<input type="checkbox"/>	Measurements appear consistent with injury.
15	Narrative Inconsistencies	<input checked="" type="checkbox"/>	15% WPI but "full duty, no restrictions" without explanation.

#	Red Flag	Red Flag Present?	Explanation
16	Jurisdictionally Barred Method Used	<input type="checkbox"/>	Unknown without state jurisdiction information.
17	Diagnosis-Rating Mismatch	<input type="checkbox"/>	Rating generally aligns with documented digit injuries.
18	Improper Use of ROM	<input checked="" type="checkbox"/>	Combines ROM deficits across all five digits without clear causation.
19	Mathematical Errors	<input type="checkbox"/>	Calculations appear mathematically correct.
20	Pain Used as Standalone Impairment	<input type="checkbox"/>	Pain not used as standalone impairment.

Clinical Validity and Legal Defensibility

This report demonstrates significant methodological and structural deficiencies that undermine its medicolegal utility. While the impairment calculation includes appropriate references to the AMA Guides, the methodology combines ROM deficits across all five digits without clear causation linkage and inappropriately includes grip strength when ROM deficits are already being rated. The report's numerous structural flaws and incomplete documentation further compromise its defensibility.

Probability of Inaccuracy: 🔴 Moderate (9 flags) - Several moderate flags and methodological concerns; requires peer review.

Section 7: Recommendations for Further Action

Based on the significant deficiencies identified in this report, the following recommendations are provided:

- The report should be reviewed by a physician with substantial experience in medicolegal evaluations and impairment rating, particularly regarding the appropriateness of rating all five digits and combining ROM deficits with grip strength measurements.
- The author would benefit from obtaining further training in independent medical and impairment rating evaluations through programs offered at AMAGuides.com, with specific focus on report structure, comprehensive documentation, and proper application of the AMA Guides methodology.
- The referring party should consider requesting a supplemental report that addresses:
  - A proper introduction stating the purpose and scope of the evaluation

- The narrative is verbose and sometimes difficult to follow without a clear separation of each impairment component.
- The evaluator combines ROM deficits across all five digits when the primary injury was to the middle finger, which may not be appropriate without clear causation linkage.
- The evaluator uses grip strength testing as an additional rating factor, which is generally discouraged in the AMA Guides when there are other objective deficits being rated (such as ROM).
- The explanation for including grip strength testing appears to justify its use by noting it's been "over 10 minutes since his most recent surgery" when the Guides typically recommends waiting until a year post-surgery.
- The evaluator uses an unusual formula to reduce the grip strength impairment by multiplying it by the maximum potential impairment for the middle finger (20% × 18% = 3.6%), which is not a standard approach in the Guides.

Work Ability/Restrictions

The work restrictions section is extremely brief, stating only "full duty, no restrictions" without any explanation of how this conclusion was reached given the documented impairments [5]. There is no discussion of functional capabilities or how the impairments might affect different types of work activities.

8. Disclosures and Attestations

The report lacks standard disclosures regarding the physician's role, any potential conflicts of interest, or attestations about the objectivity of the evaluation [6]. There is no statement about the physician's qualifications or certification in impairment rating.

Section 4: Bias and Tone Assessment

The report appears somewhat neutral in tone but shows signs of possible bias toward minimizing functional impact despite significant impairment. This is evidenced by the disconnect between a 15% WPI rating and the conclusion of "full duty, no restrictions" without explanation. The report also seems to minimize the patient's complaints, providing little detail about how the impairments affect daily activities or work function. There is no apparent defense or applicant bias in the language, but the overall presentation lacks the depth and analysis expected in a high-quality medicolegal report.

Section 5: Summary Critique Table

<div>o Documentation of medical records reviewed</div> <div>o A clear explanation of how the documented impairments relate to work restrictions</div> <div>o A more comprehensive causation analysis</div> <div>o Proper rationale for the MMI determination</div>
<div>4. The referring party may benefit from AI-supported tools to assist in:<div>o Conducting structured patient interviews (e.g., SmartMedHx.ai)</div><div>o Organizing and analyzing voluminous medical records</div><div>o Enhancing the quality and consistency of reports via intelligent quality assurance systems as found at eMedicolegal.com</div></div>

Confidentiality Note: This critique is to be used for internal review, peer consultation, or legal quality assurance only.



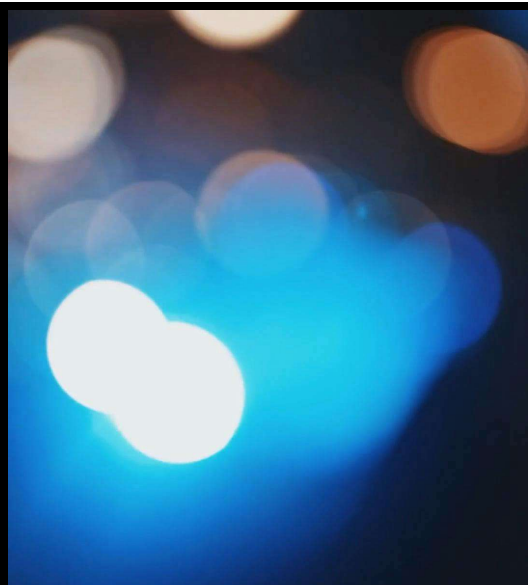


What is your  
reaction to this  
technology?

Could this be a  
useful tool for you?

Please respond in chat.

game changer  
expert  
powerful  
novative  
intuitive  
beautiful  
reliable  
helpful  
fast  
intelligent  
effortless  
simple  
easy  
useful  
novel  
inspiring  
empowering  
cutting edge  
brilliant  
responsive  
creative  
helpful  
genius  
daptive  
time saver  
essential  
recommend  
invigorat  
advance  
quality  
inconsistent  
splendid  
favourite  
exhaustive  
illib



What did  
we learn?

## Summary

### Improving Impairment Ratings: Addressing Common Errors and Enhancing Accuracy



#### Impairment ratings often wrong

Common errors stem from  
poor training, bias, and  
misapplication of the AMA  
Guides



#### Red flags identify flawed reports

Objective, consistent  
methodology is essential for  
defensible ratings



#### Expert review and standardized checklists improve accuracy

Early engagement of qualified  
evaluators reduces costly  
errors

Accurate and defensible impairment ratings require consistent  
methodology, expert review, and a clear understanding of key concepts.



What resources  
are we providing  
you?

## Medical Evaluation and Impairment Rating Resources



### Downloadable

- Presentation slides
- "Independent Medical Evaluation and Impairment Rating Report Checklist"
- "Impairment Rating Red Flag Checklist"



### Access to:

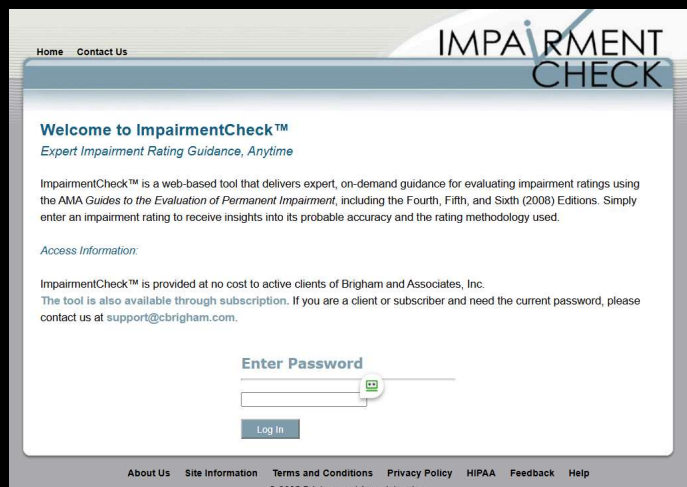
- ImpairmentCheck (Free Access – June Launch)
- Report Critique – AI with human oversight (Free Trial)



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# IMPAIRMENT CHECK

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ImpairmentCheck™ is a web-based tool that delivers expert, on-demand guidance for evaluating impairment ratings using the AMA Guides to the Evaluation of Permanent Impairment, including the Fourth, Fifth, and Sixth (2008) Editions. Simply enter an impairment rating to receive insights into its probable accuracy and the rating methodology used.

**Access Information:**

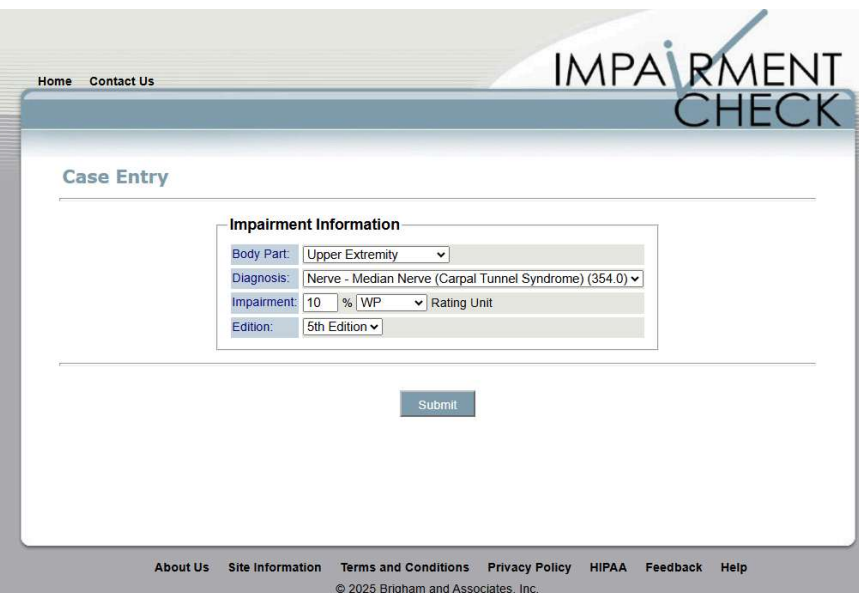
ImpairmentCheck™ is provided at no cost to active clients of Brigham and Associates, Inc.  
The tool is also available through subscription. If you are a client or subscriber and need the current password, please contact us at [support@cbrigham.com](mailto:support@cbrigham.com).

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# IMPAIRMENT CHECK

## Case Entry

**Impairment Information**

Body Part:	Upper Extremity
Diagnosis:	Nerve - Median Nerve (Carpal Tunnel Syndrome) (354.0)
Impairment:	10 % WP Rating Unit
Edition:	5th Edition

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IMPAIRMENTCHECK

Case Entry ResultsView Printer Friendly

Impairment Information

Body Part:

Upper Extremity

Diagnosis:

Nerve - Median Nerve (Carpal Tunnel Syndrome) (354.0)

Impairment:

10 % WP

Edition:

5th Edition

Entry Information

Entered On:

6/24/2025

Analysis

24

03>8

Difference between submitted rating and average expert rating

Comparison Ratings

Reported

Expert

% Impairment

Impairment Analysis

Reported (this case) 10% WP vs. Observed (expert rating average) 3.7% WP, reflecting a difference of 6.3% WP.

Reported rating markedly exceeds average expert rating. High probability that reported rating is incorrect.

Recommendation

Expert detailed review of report highly recommended. Suggest careful review of clinical data and criteria application.

Clinical

Carpal tunnel syndrome is the most common peripheral nerve entrapment. Compression of the median nerve at the wrist may cause symptoms such as pain, weakness, numbness, and/or paresthesias of the hand and digits as well as causing functional limitations.

It is important to determine: 1. If symptoms are due to carpal tunnel syndrome (i.e., whether the diagnosis has been confirmed by appropriate electrodiagnostic testing); 2. etiology of the carpal tunnel syndrome (the most common risk factors are age, gender (female) and obesity, occupational factors, autoimmune disease and diabetes mellitus); and 3. whether there are objective findings of residual median nerve involvement when at maximal clinical improvement.

Clinical Information

CTN refers to a specific pattern of hand pain, paresthesias, or numbness that occurs along the palm and into the fingers and wrist. The median nerve, along with the tendons that bend (flex) the fingers, pass through a space inside the wrist called the carpal tunnel.

Symptoms of pain, numbness, tingling, or burning are typically present in the distribution of the median nerve. The patient may also report a clumsiness of the hand and decreased grip strength. The only muscle in the hand innervated by the distal portion of the median nerve is the abductor pollicis brevis, one of three muscles of the thenar eminence.

In advanced cases, weakness of abduction of the thumb out of the plane of the palm may be present, as may hypthenar atrophy. Sensory examination of the hand is usually normal, although diminished sensory function may be observed in the median distribution in advanced cases. Phalen's test and Tinel's sign have been repeatedly shown to be of little or no value in distinguishing patients who have carpal tunnel syndrome from the larger population of patients with hand symptoms. The diagnosis is confirmed with electrophysiologic measurement of nerve conduction velocity and needle electromyography. The nerve conduction studies reflect the status of nerve fibers.

Guides Impairment Rating

Section

Section 16.5 (480-487)

Criteria

Table 16-10 Determining Impairment of the Upper Extremity Due to Sensory Deficits or Pain Resulting from Peripheral Nerve Deficits (482)

Table 16-15 Maximum Upper Extremity Impairment Due to Unilateral Sensory or Motor Deficits or to Combined 100% Deficits of the Major Peripheral Nerves (492)

Table 16-11 Determining Impairment of the Upper Extremity Due to Motor and Loss-of-Power Deficits Resulting from Peripheral Nerve Disorders Based on Individual Muscle Rating (484)

Carpal tunnel syndrome impairment assessment is discussed in Section 16.5d, Entrapment/Compression Neuropathy (491-495), and specifically on page 495.

The Guides notes that "only individuals with an objectively verifiable diagnosis should qualify for a permanent impairment rating. The diagnosis is made not only on believable symptoms but, more important, on the presence of positive clinical findings and loss of function. The diagnosis should be documented by electromyography as well as sensory and motor nerve conduction studies" (493).

"The sensory deficits or pain, and/or the motor deficits and loss of power, are evaluated according to the impairment determinations method described in Section 16.5b. In compression neuropathies, additional impairment values are not given for decreased grip strength. In the absence of CRPS, additional impairment values are not given for decreased motion." (494)

The Fifth Edition states on page 495 that:

If, after an optimal recovery time following surgical decompression, an individual continues to

Comments

If, after an optimal recovery time following surgical decompression, an individual continues to complain of pain, paresthesias, and/or difficulties in performing certain activities, three possible scenarios can be present:

1. Positive clinical findings of median nerve dysfunction and electrical conduction delay(s); the impairment due to residual CTS is rated according to the sensory and/or motor deficits as described earlier.
2. Normal sensibility and opposition strength with abnormal sensory and/or motor latencies or abnormal EMG testing of the thenar muscles; a residual CTS is still present, and an impairment rating not to exceed 5% of the upper extremity may be justified.
3. Normal sensibility (two-point discrimination), opposition strength, and nerve conduction studies; there is no objective basis for an impairment rating.)

According to Table 16-15 Maximum Upper Extremity Impairment Due to Unilateral Sensory or Motor Deficits or to Combined 100% Deficits of the Major Peripheral Nerves (492), the maximum loss for the median nerve is 30% upper extremity impairment for sensory deficits and 50% upper extremity impairment for motor deficits. Sensory deficits are graded by Table 16-10 Determining Impairment of the Upper Extremity Due to Sensory Deficits or Pain Resulting from Peripheral Nerve Deficits (482).

If the entire median nerve is involved this sensory deficit is multiplied by the maximum loss of 39% upper extremity impairment. Motor deficits are graded by Table 16-11 Determining Impairment of the Upper Extremity Due to Motor and Loss-of-Power Deficits Resulting from Peripheral Nerve Disorders Based on Individual Muscle Rating (484).

If the entire median nerve is involved this motor deficit is multiplied by the maximum loss of 10% upper extremity impairment. These impairments are combined.

Not electrophysically diagnosed ("Only individuals with an objectively verifiable diagnosis should qualify for a permanent impairment rating. The diagnosis is made not only on believable symptom but, more important, on the presence of positive clinical findings and loss of function. The diagnosis should be documented by electromyography as well as sensory and motor nerve conduction studies" (493).

Rating prior to MMA ("Thepostoperatively, a sufficient amount of time for optimal physiologic recovery and rehabilitation should elapse before and individual qualifies for permanent impairment rating should there be residual symptoms or clinical findings...High axonometric lesions may take 1 to 2 years for maximal recovery." (493).

Rating unreliable sensory findings ("This table (Table 16-10)is to be used for pain that is due to nerve injury or disease that has been documented with objective physical findings or electrodiagnostic abnormalities." (483).

Errors

Not objectively diagnosed ("Only individuals with an objectively verifiable diagnosis should qualify for a permanent impairment rating. The diagnosis is made not only on believable symptom but, more important, on the presence of positive clinical findings and loss of function. The diagnosis should be documented by electromyography as well as sensory and motor nerve conduction studies" (493).

Rating prior to MMA ("Thepostoperatively, a sufficient amount of time for optimal physiologic recovery and rehabilitation should elapse before and individual qualifies for permanent impairment rating should there be residual symptoms or clinical findings...High axonometric lesions may take 1 to 2 years for maximal recovery." (493).

Rating unreliable sensory findings ("This table (Table 16-10)is to be used for pain that is due to nerve injury or disease that has been documented with objective physical findings or electrodiagnostic abnormalities." (483).

Rating grip strength ("In compression neuropathies, additional impairment values are not given for decreased grip strength." (494).

Rating median loss (In the absence of CRPS, the median impairment values derived from Section 16.4 Evaluating Abnormal Motion are not applied to his section to avoid duplication or uncertainty increase in the impairment estimation (485). In the absence of CRPS, additional impairment values are not given for decreased motion." (5th ed., (494).

Rating on the basis of electrodiagnostic studies ("There is no correlation between the severity of conduction delay on nerve conduction velocity testing and the severity of either symptoms or, more important, impairment rating." (493).

What questions do you have?

126



## Questions and Answers



## Clarifying Doubts

Encourage participants to ask questions and resolve any uncertainties.



## Exploring Perspectives

Invite diverse viewpoints and encourage discussion.



## Building Knowledge

Provide thorough explanations and share relevant information.



### Reinforcing Understanding

Offer opportunities for participants to demonstrate their comprehension.



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## Answers to Your Most Pressing Questions About Impairment Ratings: What Every Attorney and Claims Professional Must Know

**Christopher R. Brigham, MD**

## Next Session

**Part Two: July 9, 2025 at 1 pm ET**  
**(Need to register)**



128

## Plans for June 24 and July 29

## Navigating Impairment Ratings: Strategies for Accuracy and Fairness

- **What is the foundation?**  
Understanding the legal and medical frameworks that underpin impairment ratings
- **How often are impairment ratings wrong?**  
Studies suggest that up to 30% of impairment ratings may be inaccurate
- **What are the root causes of erroneous ratings?**  
Lack of training, biases, incomplete medical data, and improper application of the AMA Guides
- **What are the red flags?**  
Inconsistencies in medical records, discrepancies between examinations, and failure to follow guidelines
- **What are some of the specific problems?**  
Misinterpretation of impairment criteria, overreliance on subjective factors, and failure to account for comorbidities
- **How do I best evaluate reports?**  
Carefully review the medical evidence, understand the applicable guidelines, and consult with medical experts
- **How do I obtain an accurate rating?**  
Ensure a comprehensive medical evaluation, advocate for proper application of the AMA Guides, and consider independent reviews
- **What are common referral entity errors?**  
Inadequate communication, misalignment of incentives, and lack of oversight in the referral process
- **What is new with the AMA Guides?**  
Ongoing updates, increased focus on functional assessment, and incorporation of technological advancements
- **What is the role of AI?**  
Leveraging AI to analyze medical data, identify patterns, and assist in more consistent and accurate impairment ratings
- **Can you provide examples of review process?**  
Case studies showcasing effective strategies for reviewing and validating impairment ratings
- **What resources are you providing?**  
Comprehensive guides, expert training, and interactive tools to support accurate impairment rating assessments

